



rowan
live better

The COSCA Counselling Skills Certificate can improve your listening and communication skills and help you to find out more about yourself & others.

Rowan are validated by COSCA to deliver all four modules of the certificate which is credit-rated by Edinburgh Napier University. Completion of the COSCA Counselling Skills Certificate carries 40 credits at SCQF Level 8.

How could you or your staff benefit from the course?

The experiential learning style of the course develops practical skills, knowledge, self-awareness and an understanding of the ethics required in supportive relationships.

You will be introduced to many useful skills, including:

- Supporting others by developing practical listening skills
- Increasing your self-awareness
- Communicating more clearly with others

Who can attend?

The course is suitable for anyone who would benefit from learning a counselling approach. Previous attendees have included those working in the caring professions, those involved in staff development/appraisals and management relations, as well as those wishing to train to practise as a counsellor or psychotherapist.

2019/20 dates

Module One will be delivered in **Perth on Tuesdays (9.30am – 3.30pm)** on the following dates.

Please note – for those who are based further afield or for whom it may be more convenient, we will also be delivering the Certificate interactively live online on Monday evenings commencing January 2020.

Summer course dates:	Autumn course dates:
20 th and 27 th August	22 nd and 29 th October
3 rd , 10 th and 17 th September	5 th , 12 th & 19 th Nov
1 st October	3 rd December
Closing date for booking:	Closing date for booking:
30 th July 2019	23 rd September 2019

Module 2, 3 and 4 dates are available [on our website here](#).

About the Counselling Skills course

- The full Certificate consists of 4 x 30-hour modules. You can also attend Module One as a standalone course.
- It is delivered by qualified, practising counsellors, who are also COSCA accredited trainers.
- Course fees - the fees per module of the certificate are £390 for self-funded individuals and £450 (+VAT) for organisations.

More information and to book

[Follow this link](#) to read more about the Certificate on our website and download a Module 1 booking form.

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