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Resources for counsellors on counselling dyslexic adults

1. Dyslexia Counselling and Support
 - Webpage that gives information on dyslexia and guidance on how to counsel dyslexic adults
 - <http://www.counselling-directory.org.uk/counsellor-articles/dyslexia-counselling-and-support>
2. Blog posts by Penny Aston of UK charity 'GroOps'
 - a) Dyslexia counselling - Addressing the emotional repercussions
<http://www.counselling-directory.org.uk/counsellor-articles/dyslexia-counselling-addressing-the-emotional-repercussions-12385>
31 July 2014
 - b) Dyslexia counselling - Getting through the holidays
<http://www.counselling-directory.org.uk/counsellor-articles/dyslexia-counselling-getting-through-the-holidays>
5 December 2014
 - c) Dyslexia and depression - dyslexia aware counselling
<http://www.counselling-directory.org.uk/counsellor-articles/dyslexia-and-depression-dyslexia-aware-counselling>
16 March 2016
3. Read me Differently
 - An award-winning documentary film by dyslexic adult Sarah Entine about dyslexia and ADHD in her family relationships.
 - Focuses on the communication difficulties of dyslexia and ADHD and the problems that unaddressed disabilities in a family can cause.
 - Made in 2009 in the USA
 - Available to stream from <http://www.newdaydigital.com/Read-Me-Differently.html>
 - Recommended as a training resource for counsellors - see <http://www.readmedifferently.com/professional-development-and-training>

4. Dyslexia and Mental Health by Neil Alexander Passe
 - Jessica Kingsley, 2015
 - Dyslexia Scotland has a copy in its resource centre – www.dyslexiascotland.org.uk
5. Dyslexia and Depression by Neil Alexander Passe
 - Gazelle, 2012
6. Dyslexia, Success and Post-Traumatic Growth by Neil Alexander Passe
 - Peer-reviewed article published in Asia Pacific Journal of Developmental Differences Vol. 3, No. 1, January 2016, pp 87—130
 - <http://www.das.org.sg/images/Publications/APJDD/vol3no1/APJDD%20-%20Vol3%20No1%202016-Dyslexia%20Success%20and%20Post-Traumatic%20Growth.pdf>
7. The Adult Dyslexic - Interventions & Outcomes by David McLoughlin, Carol Leather and Patricia Stringer
 - 2nd edition Wiley, 2013
 - Chapter 4 is on Counselling (pp85-96)
8. Adult Dyslexia – A Guide for the Workplace by Gary Fitzgibbon and Brian O'Connor
 - Wiley, 2002
 - Chapter 6 is on Counselling Adult Dyslexics (pp137 – 156)
9. Dyslexia Scotland's Leaflets –free to download and share
 - <http://dyslexiascotland.org.uk/our-leaflets>
10. Code of Practice for Employers by the British Dyslexia Association
 - Available online in various versions
 - Available to purchase from the British Dyslexia Association
11. Dyslexia and Counselling by Rosemary Scott
 - Whurr, 2004
12. Dyslexia and Stress by Tim Miles and V Varma
 - 2nd edition Wiley, 2004