

SUMMER SESSIONS

THREE NEW CPD DAYS

AT RELATIONSHIPS SCOTLAND,
18 YORK PLACE, EDINBURGH

WHAT DO WE TALK OF WHEN WE TALK OF LOVE AND SEX

6TH JULY - WHEN LOVE AND SEX COME INTO
THE COUNSELLING ROOM

27TH JULY - WORKING WITH LOVE AND SEX

3RD AUGUST - LOVE, SEX AND PORN
UNCOMFORTABLE BEDFELLOWS?



Dates:	Sat 6 July, Sat 27 July & Sat 3 August
Time:	9.45 for 10.00am – 4.00 pm
Venue:	Relationships Scotland, 18 York Place, Edinburgh
Cost:	£75 for members of RS Network; £115 for non-members per day: to include training materials, sandwich lunch and refreshments.
Participants:	Counsellors

The three days will explore:

How we feel about bringing love and sex into the counselling room and how we deal with our own feelings; our client's feelings; and what emerges between us.

These days can be for those wishing to expand their counselling repertoire into talking about sex and love and also as a refresher for those who already do so in their counselling practice.

Day One - Saturday 6 July - will explore how we talk to clients about sex and love; the feelings it provokes in us and how we manage the boundaries. We will explore the significance of erotic transference and how this can enhance both our understanding and the quality of our work.

Day 2 – Saturday 27 July - is a knowledge-based day where we explore the basics of sex and how we talk to clients about sexual feelings and difficulties. Sex is always present in counselling, just sometimes, we choose to ignore it. This day will give you the information and confidence to start those conversations with clients.

Day 3 – Saturday 3 August - will look at the impact of pornography on the individual and on relationships.

The days will be facilitated by Anne Chilton and Janet Brown. The days are stand-alone so you can attend one, two or all three events.

Aims of the days are to:

Day One - Saturday 6 July - "When Love and Sex come into the Counselling Room"

- To explore how we talk to clients about sex and love;
- To understand the feelings it provokes in us and how we manage the boundaries.
- To explore the significance of erotic transference and how this can enhance both our understanding and the quality of our work.

Day 2 – Saturday 27 July - "Working with Love and Sex"

- To explore the basics of sex and how we talk to clients about sexual feelings and difficulties.
- To give you the information and confidence to start those conversations with clients about sex.

Day 3 – Saturday 3 August – "Love, Sex and Porn Uncomfortable Bedfellows?"

- To look at the impact of pornography on the individual
- To also look at the impact of pornography on relationships.

Presenters: **Anne Chilton** has been a practicing therapist for nearly 40 years. She works with couples and individuals and has a specialism in working with sexual difficulties. She currently runs the Relationships Scotland Diploma in Sex and Relationship Therapy which is the first fully validated training in Scotland.

Janet Brown is an experienced Counsellor, Supervisor and trainer. She is currently the Course director of the Certificate in Couple Counselling, Relationships Scotland.

CPD points available: 6 Category A points for each day

Notes:

1. Closing date for applications is **2 weeks before** each day:
Friday 21 June for Saturday 6 July
Friday 13 July for Saturday 27 July
Friday 20 July for Saturday 3 August

2. A minimum of **10** participants is required for the day to go ahead.

HOW TO BOOK:-

Practitioners who are **self-funding** can book a place by

- Using the form overleaf

Those who are requesting their **member services to fund their place must** ask the service to make the booking on their behalf.

Note: It is important to make a formal booking even if you have already expressed interest in attending the day.

Cancellation Policy:

Cancellation 11 days or more before the date of the event: 100% refund

Cancellation between 10 days and 4 days before the date of the event: 50% refund

Cancellation 3 days or less before the date of the event: no refund, but services can send a replacement.

If a course or event is cancelled by Relationships Scotland (because of insufficient numbers or unforeseen circumstances) then all fees will be fully refunded. Unfortunately, we are unable to reimburse out of pocket expenses, such as travel and accommodation.

BOOKING FORM – DAY 1 - Saturday 6 July

Title:	“When Love and Sex Come into the Counselling Room”	
Venue:	Relationships Scotland, 18 York Place, Edinburgh	
Date:	Saturday 6 July 2019	
Closing Date:	Friday 21 June 2019	
*Cost for Members of RS Network:	£75 per person to include training materials, sandwich lunch and refreshments	
*Cost for Non-Members:	£115 per person to include training materials, sandwich lunch and refreshments	

* “Members of RS network” refers to practitioners who are currently working in any capacity for a member RS service. Please tick relevant box and put MS or SF to indicate who is to receive invoice.

Name	Self-Funded/ Member Service Funded	Service (RS applicants) Contact details (external applicants)	Any Special Requirements/Access* eg Dietary, Disability, Allergy. Please specify
1.			
2.			
3.			
4.			
5.			

* **Access:** there are five steps at the front and ten at the rear of York Place. The training room is on the first floor. We have a small lift which runs from the ground floor to the third floor and that cannot be used in the event of fire. **If you experience any difficulty with mobility, or if there is anything else that could inhibit your participation in this training, it is important that you let us know, to ensure your safety at the event. We have a hearing induction loop available. Please let us know if you would like to make use of this facility.**

Please return your booking form no later than **Friday 21 June 2019** to:

Liz Thackwray at Relationships Scotland, 18 York Place, Edinburgh, EH1 3EP

email: liz.thackwray@relationships-scotland.org.uk

Invoices will be issued shortly after the closing date. If Self-funded please add address for invoicing.

BOOKING FORM – DAY 2 – Saturday 27 July

Title:	“Working with Love and Sex”	
Venue:	Relationships Scotland, 18 York Place, Edinburgh	
Date:	Saturday 27 July 2019	
Closing Date:	Friday 13 July 2019	
*Cost for Members of RS Network:	£75 per person to include training materials, sandwich lunch and refreshments.	
*Cost for Non-Members:	£115 per person to include training materials, sandwich lunch and refreshments.	

* “Members of RS network” refers to practitioners who are currently working in any capacity for a member RS service. Please tick relevant box and put MS or SF to indicate who is to receive invoice.

Name	Self-Funded/ Member Service Funded	Service (RS applicants) Contact details (external applicants)	Any Special Requirements/Access* eg Dietary, Disability, Allergy. Please specify
1.			
2.			
3.			
4.			
5.			

* **Access:** there are five steps at the front and ten at the rear of York Place. The training room is on the first floor. We have a small lift which runs from the ground floor to the third floor and that cannot be used in the event of fire. **If you experience any difficulty with mobility, or if there is anything else that could inhibit your participation in this training, it is important that you let us know, to ensure your safety at the event. We have a hearing induction loop available. Please let us know if you would like to make use of this facility.**

Please return your booking form no later than **Friday 13 July 2019** to:

Liz Thackwray at Relationships Scotland, 18 York Place, Edinburgh, EH1 3EP

email: liz.thackwray@relationships-scotland.org.uk

Invoices will be issued shortly after the closing date. If Self-funded please add address for invoicing.

BOOKING FORM – DAY 3 – Saturday 3 August

Title:	“Love, Sex and Porn Uncomfortable Bedfellows?”	
Venue:	Relationships Scotland, 18 York Place, Edinburgh	
Date:	Saturday 3 August 2019	
Closing Date:	Friday 20 July 2019	
*Cost for Members of RS Network:	£75 per person to include training materials, sandwich lunch and refreshments.	
*Cost for Non-Members:	£115 per person to include training materials, sandwich lunch and refreshments.	

* **“Members of RS network”** refers to practitioners who are currently working in any capacity for a member RS service. Please tick relevant box and put MS or SF to indicate who is to receive invoice.

Name	Self-Funded/ Member Service Funded	Service (RS applicants) Contact details (external applicants)	Any Special Requirements/Access* eg Dietary, Disability, Allergy. Please specify
1.			
2.			
3.			
4.			
5.			

* **Access:** there are five steps at the front and ten at the rear of York Place. The training room is on the first floor. We have a small lift which runs from the ground floor to the third floor and that cannot be used in the event of fire. **If you experience any difficulty with mobility, or if there is anything else that could inhibit your participation in this training, it is important that you let us know, to ensure your safety at the event. We have a hearing induction loop available. Please let us know if you would like to make use of this facility.**

Please return your booking form no later than **Friday 20 July 2019** to
Liz Thackwray at Relationships Scotland, 18 York Place, Edinburgh, EH1 3EP
email: liz.thackwray@relationships-scotland.org.uk

Invoices will be issued shortly after the closing date. If Self-funded please add address for invoicing.