



COSCA (Counselling & Psychotherapy in Scotland)
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FURTHER STEPS IN COUNSELLING SKILLS (VOLUME I)

This COSCA course is aimed at those who have already completed the COSCA Counselling Skills Certificate Course. The overall format and layout is similar to that of the COSCA Counselling Skills Certificate. It is designed to be delivered over 30 hours, and includes 12 units of two and a half hours in length. As before, there is also a separate handbook for participants and trainers.

In particular, the course:

- ❑ further develops the counselling skills of participants who have completed the COSCA Counselling Skills Certificate Course (or equivalent)
- ❑ provides opportunities for participants to reconnect with their previous learning and experience
- ❑ helps participants to up-date their practice and understanding of counselling skills
- ❑ assists participants to further deepen and develop their knowledge and use of counselling skills.

The handbook for Participants and the Trainers Pack (Trainers Handbook plus Participants Handbook) are available to be purchased by training providers through the COSCA office. An order form is available from the COSCA website. Please order your copies of handbooks as far in advance as possible by contacting: info@cosca.org.uk.

Providers who are interested in offering this course require to obtain COSCA Specialist Course Validation. Specialist Course Validation application forms may be downloaded from the COSCA website for consideration by the Course Validation Panel.

You may contact the COSCA Development Officer (Individuals/Courses) who will guide you through the process of validation