

# COSCA 22nd Annual Trainers Event

*“Working with Groups and their Participants:  
exploring approaches to group process and  
dynamics”*

**Thursday 4th June 2020  
9.15am - 4.00pm**

**at IRIS MURDOCH BUILDING, UNIVERSITY OF STIRLING, FK9 4LA**

## What can I expect from the event?

The Trainers Event will:

- Explore approaches to group process and dynamics typically experienced across COSCA Validated courses
- Examine the trainer’s role in the group process and consider how trainers may support their students to develop awareness of the self in groups
- Explore techniques available to trainers to support their role in the group process
- Consider how trainers can increase their awareness of their own internal responses to group process and dynamics to aid their training delivery
- Empower trainers to appropriately respond to individual needs within the group whilst attending to the cohesiveness and needs of the group as a whole

## What topics will be covered?

- Social Media and its impact on the group process
- Appropriate use of working contracts throughout the group process and modelling of the counselling approach
- Gestalt and the group process
- Trainers awareness of self in groups and in group dynamics
- Trainers role and responsibilities within the group process and group dynamics
- Considering potential influencers on group dynamics such as contemporary issues
- Exploring appropriate trainer responses to conflict and challenge
- Supporting individual needs and diversity within the training group

**\*\*COST\*\***

Fee includes refreshments and lunch

**COSCA Members:** Early Bird booking until 31st March 2020: £65  
1st April 2020 onwards: £75

**Non-COSCA Members:** Please add £10 to the above prices

Refunds can be given if a cancellation is made no less than 2 weeks before the event. Booked places of those cancelling can be offered to an alternative attendee.



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## **COSCA 22<sup>nd</sup> ANNUAL TRAINERS EVENT**

### **THURSDAY 4<sup>TH</sup> JUNE 2020 at Iris Murdoch Building, University of Stirling**

Forename	Surname	Date
Mailing Address		
Town		Post Code
Telephone	Fax	Email
Organisations in which you are involved in training:		
Dietary/Access Requirements:		

#### **PAYMENT**

**£65 early bird fee / £75 standard fee (non-COSCA members add £10))**

- I enclose a cheque with the fee of £\_\_\_\_\_
- Electronic bank payment (*please use first initial, surname and "Trainers Event" as reference*)

Bank transfer details:

**Bank:** Clydesdale Bank  
**Name:** COSCA (Counselling & Psychotherapy in Scotland)  
**Sort code:** 82 68 05  
**Account number:** 70174110

- Please invoice (**£2 service charge added**)

**\*\*If your organisation will be paying the invoice, please ensure a Purchase Order is raised and payment is made prior to the event\*\*.**

**Invoice Address if different from above:**

Nominal Code	7
Invoice/Cheque	

**[Please post form to address above or email to Jenny Bell on: \[jenny@cosca.org.uk\]\(mailto:jenny@cosca.org.uk\)](#)**