

Recognition Scheme Award  
for Organisations



**COSCA**

Counselling & Psychotherapy  
in Scotland

COSCA (Counselling & Psychotherapy in Scotland)

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Here are some testimonials from COSCA Recognised Organisations....

*“Safe Space was delighted to receive COSCA Recognition as the process offered an opportunity to really review our practice, policies, procedures and ensure we were delivering an ethical, safe and quality service. Assessment by an external body ensures that we don’t become complacent and we work hard to maintain Recognition status, which we display with pride on all of our correspondence.  
The Scottish base for COSCA ensures local organisations are reviewed according to National legislation and standards and they have a clear understanding of current community issues.”*

**Safe Space Dunfermline**



*“Having been through the process of COSCA’s Recognition Scheme and keeping up to date we have found this as valuable as any counsellor or therapist being accredited. It encourages and supports good ethical and fair practice for therapists, organisations and clients. We would recommend organisations to have this ‘kite mark’ as recognition of professional standards and quality assurance”*

**Angie Cameron, Managing Director, direction**



*‘It was important for Breathing Space, which provides a mental health listening service via phone and web cam to the people of Scotland, to be recognised and endorsed by COSCA as a counselling skills organisation providing a good quality service to the people of Scotland. To receive this recognition gives a message to staff and clients alike that we operate within ethical boundaries and are guided by counselling skills guidelines. This has been important to us working with over 6000 clients a month.’*

**Tony McLaren, National Coordinator, Breathing Space/NHS Living Life**



*"I am delighted the PF managed to gain COSCA Recognition, and to continue as a member of the scheme for the past 5 years. The initial application required us to review all of our policies and procedures and working practices – a daunting prospect at the outset but it was not as difficult as first envisaged, and has proved invaluable ever since. The annual reviews also help keep us on our toes, and to ensure we continue to practice in a professional manner. I would highly recommend the scheme to other agencies."*

**Alison Hampton, Director, PF Counselling Service**

*ParentLine Scotland are delighted to continue our association with COSCA's recognition scheme. We work within their ethical framework to provide a quality assured service for callers to our helplines and working closely with COSCA helps maintain the quality of our own continued development in delivering a counselling skills based service.*

**Jill Cook, Service Manager, ParentLine Scotland**

*Being a COSCA Recognised Organisation tells clients as soon as they come in our door that we maintain the standards set by COSCA and that they are in a safe and ethical place. It informs other organisations out with Counselling and Psychotherapy that we take standards seriously and that if they use our services, partner with us or collaborate with us that they are doing so with an organisation that meets the criteria set by our professional body.*

*We are part of Crossreach, the social care arm of the Church of Scotland, and as a larger organisation we hold very high standards. For Counselling Services COSCA Recognition provides the kite mark that in statutory services would be provided by regulators such as the Care Inspectorate..*

**Anne Goldie, Manager, Tom Allan Centre**

*'Glasgow Council on Alcohol was the first organisation to be granted COSCA Recognition. COSCA Recognition remains as important to G.C.A. today, as it was then.'*

**Janice Connor, Senior Practice Supervisor, Glasgow Council on Alcohol**