



Volunteer Counsellor / Therapist

CrossReach Perinatal Service, Lothians

Wallace House, 3 Boswall Road; 8A Palmerston Place & The Gate Lodge, 27 Milton Road East



Why volunteer with us?

CrossReach Perinatal Service supports those struggling with the impact of perinatal difficulties (PND). We offer therapeutic support to families experiencing distress in the perinatal period, during pregnancy and up until their youngest is two years old, through group work and individual counselling and psychotherapy. **Counselling our client group is an excellent opportunity to gain valuable experience in working with families, at a time when they are highly motivated to address any disturbance and make positive changes;** an area which increasingly is prioritised by funding bodies. Those interested in volunteering should have a minimum of 20 hours supervised clinical experience, although we shall consider those with equivalent experience.

Volunteer Counsellor/therapist

Provide regular, confidential counselling to clients within the Service premises.

- Ensure all client files accurately updated
- Work within professional codes of Ethics and Practice in Counselling and Psychotherapy
- Adhere to the Service's Guidelines for Good Practice
- Meet your professional body's supervision requirements
- Prepare for, attend and actively participate in monthly supervision
- Communicate clearly with Perinatal team

Time commitment

Volunteer Counsellors must be post-graduate level trained or in training (Placement Ready + 20hrs supervised practice) and eligible for Membership of recognised counselling/psychotherapy body.

It is expected that you will see a minimum of 2 clients in either a weekday morning or afternoon.

Required skills, qualifications and experience

Volunteer Counsellors must be post-graduate level trained or in training (Placement Ready + 20hrs supervised practice) and eligible for Membership of recognised counselling/psychotherapy body.

Recruitment process

- Application: Your application will be screened and you will be advised if you are to be invited for interview.
- Interview: You will be advised if you have been successful normally within a week of interview date. If successful at interview you will be invited to a full induction session.
- After completing clearing the legal Protecting Vulnerable Groups check and providing legal documentation of 'right to work in UK', we will allocate you counselling slots and organise your monthly supervision.

Induction and supervision

- Training and Support: Full induction and ongoing access to all appropriate CrossReach Counselling CPD courses.
- Reimbursement of expenses: Travel expenses will be contributed to, once volunteers graduate.

Are you interested in this role?

If you would like to know more about this opportunity, please contact the Service directly at Wallace House:

Telephone: **0131 538 7288**

Email: **PND@crossreach.org.uk**

You can download a copy of our Volunteer Handbook via our website:

Website: <http://www.crossreach.org.uk/crossreach-perinatal-service-lothians>

Facebook: <https://www.facebook.com/CrossReachVolunteer/>

Social Media: @CrossReachVolunteer



The Church of Scotland
Social Care Council

Operating at CrossReach, Scottish Charity No: SC011353