



Counselling & Psychotherapy  
in Scotland

# Survey of COSCA Recognised Organisations October 2016

---

# SURVEY RESULTS 2016

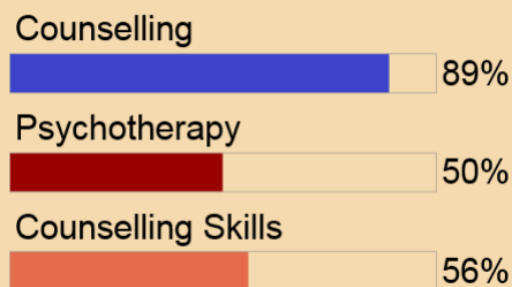
# Introduction

There are currently 26 COSCA Organisational Members who have gained the COSCA Recognition Scheme Award. The Award has been developed by COSCA and aims to identify and raise awareness of good quality service provision.

During Summer/Autumn 2016, COSCA Recognised Organisations were asked to respond to our survey. These organisations provide counselling, counselling skills and psychotherapy. The aim of the survey is to collate up to date information on COSCA Recognised organisations and the support that they provide.

18 organisations responded to the survey and their answers are given below.

## 1. Percentage of organisations providing the following services:

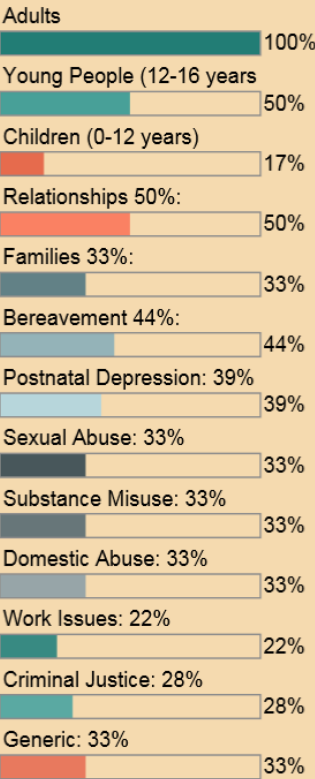


## 2. Context in which organisations work:

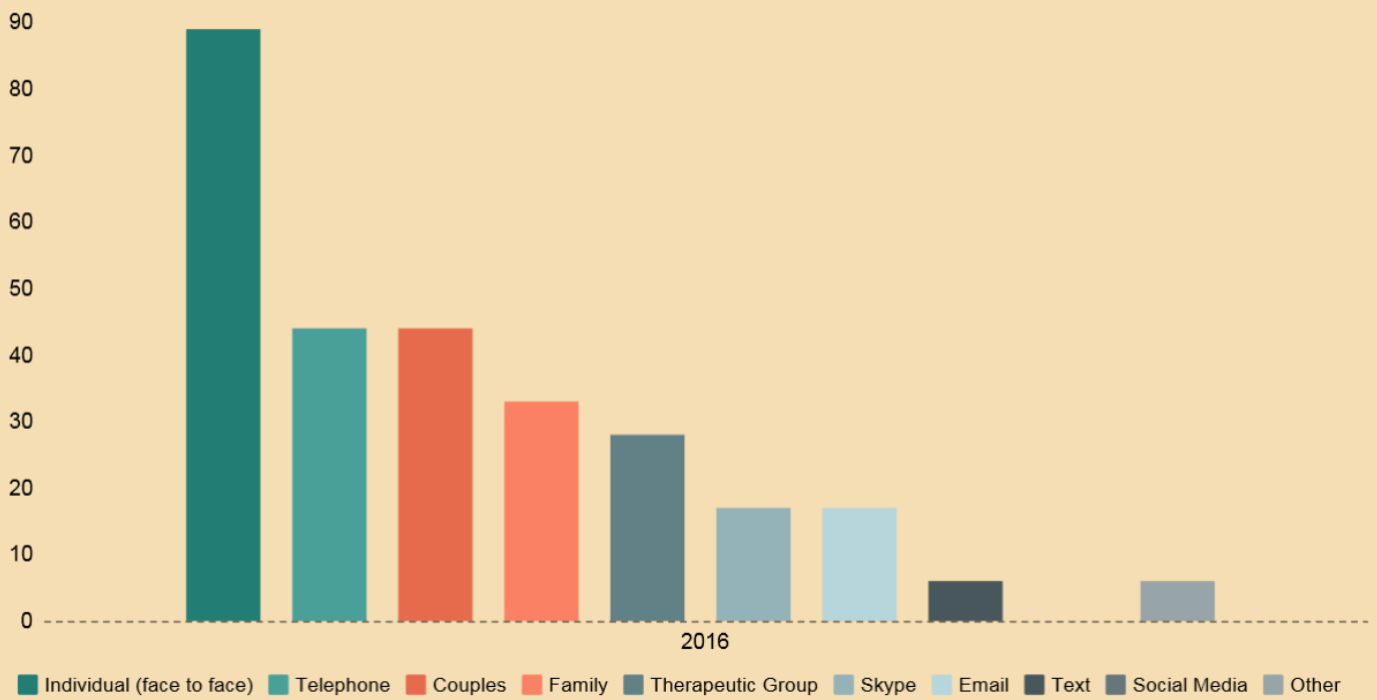


■ Volunteer/ Community Sector (83%) ■ Independent Practice (11%) ■ Statutory Sector: (NHS,...) (6%)

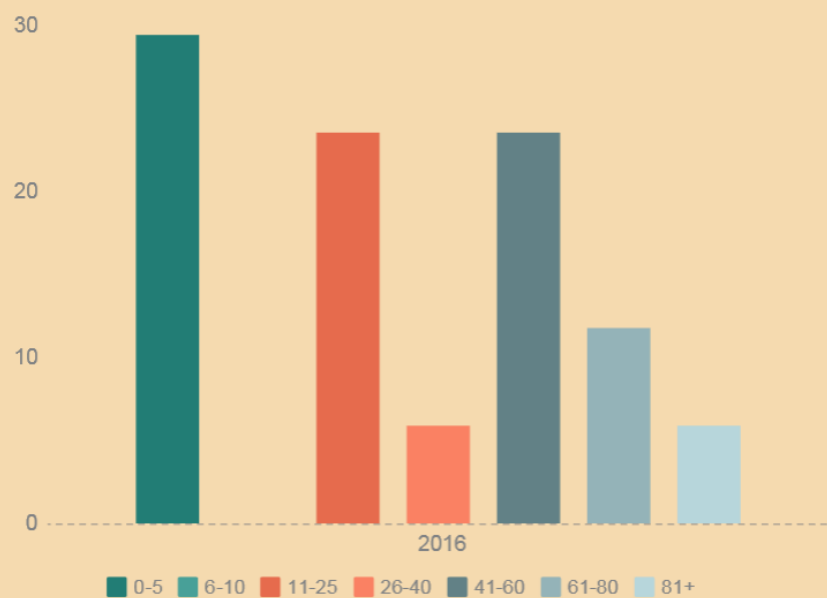
### 3. Organisations providing Counselling/ Psychotherapy/Counselling Skills for:



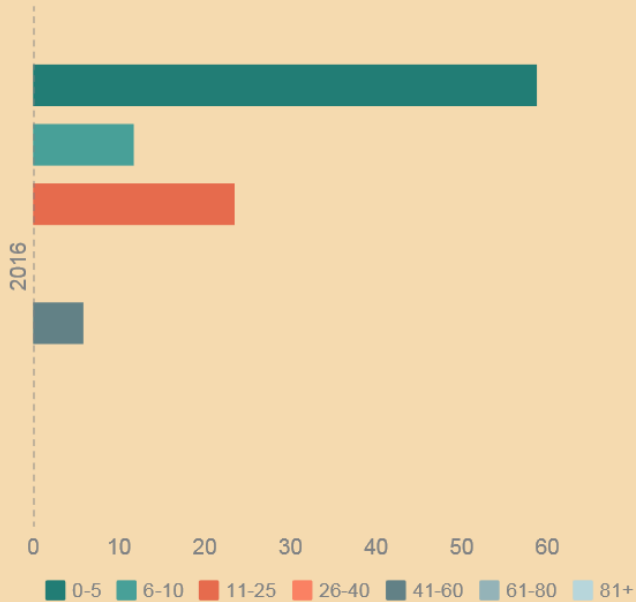
#### 4. Counselling/Psychotherapy/Counselling Skills users working with clients via the following means:



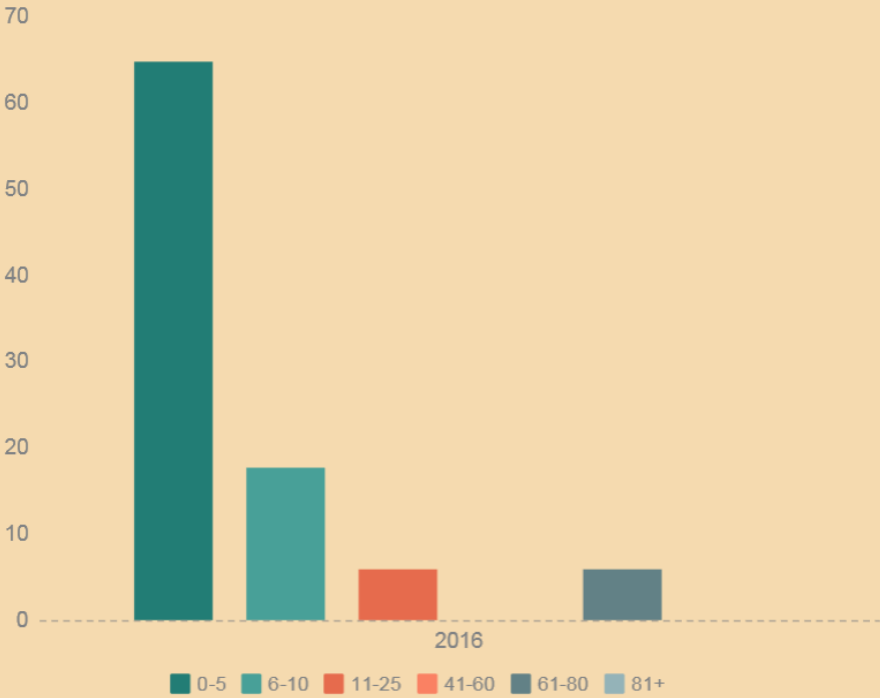
#### 5. Counsellors and Psychotherapists practising within organisations:



6. Trainee counsellors and/or trainee psychotherapists practising:



7. Counselling skills users practising:



## 8. Paid counsellors and/or psychotherapists:



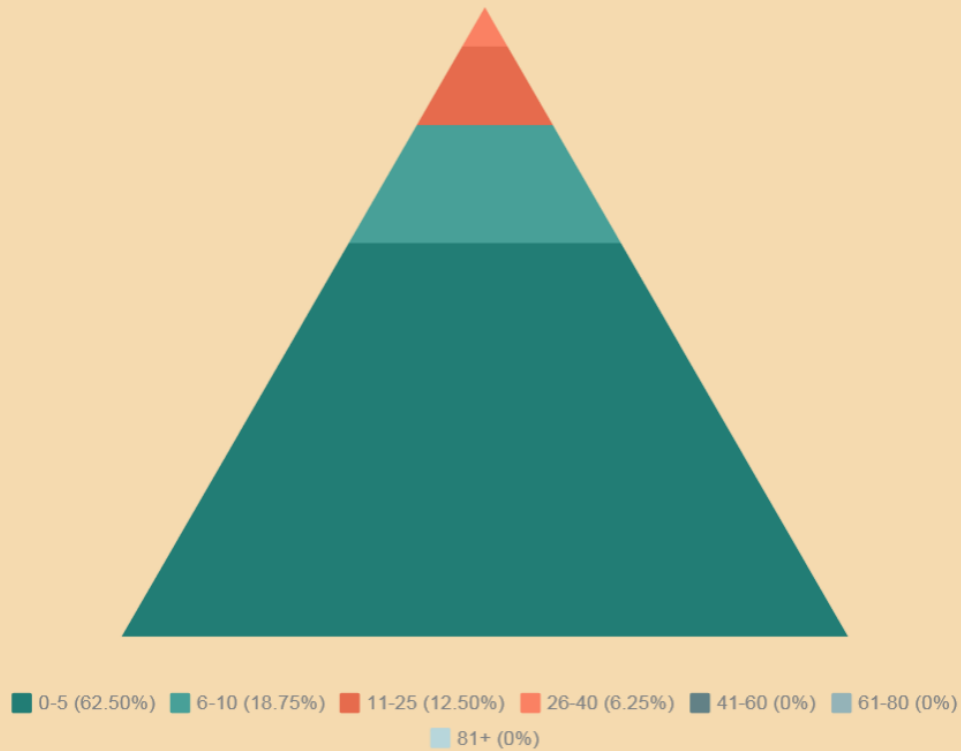
0-5 6-10 11-25 26-40 41-60 61-80 81+

## 9. Volunteer Counsellors and Psychotherapists:

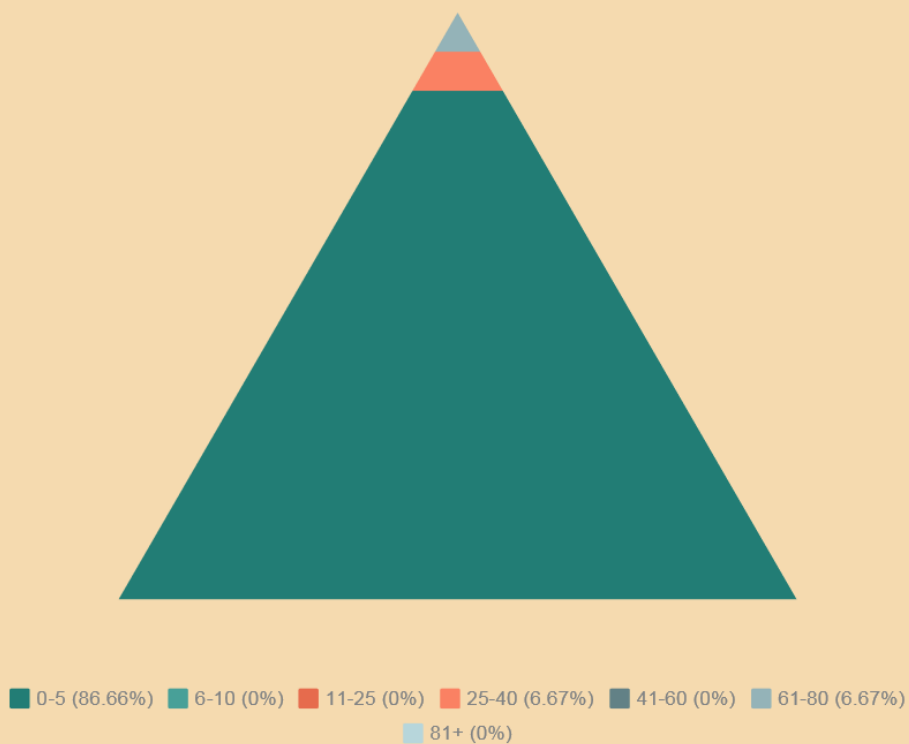


0-5 (47.06%) 6-10 (0%) 11-25 (17.65%) 36-40 (5.88%) 41-80 (17.65%)  
61-80 (5.88%) 81+ (5.88%)

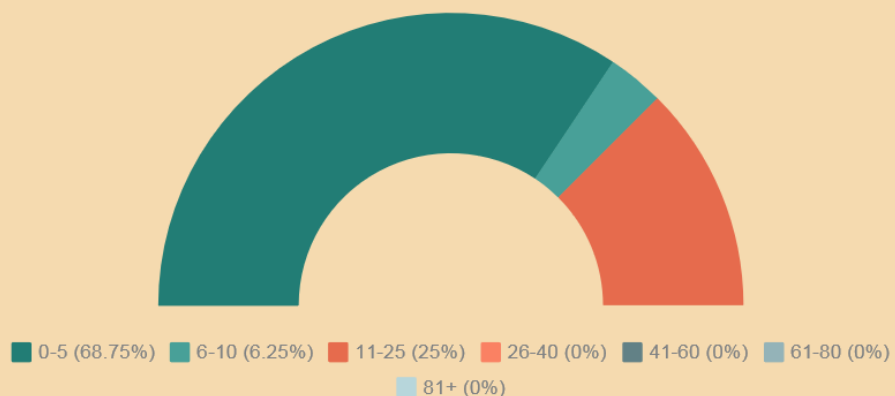
## 10. Paid Counselling Skills users:



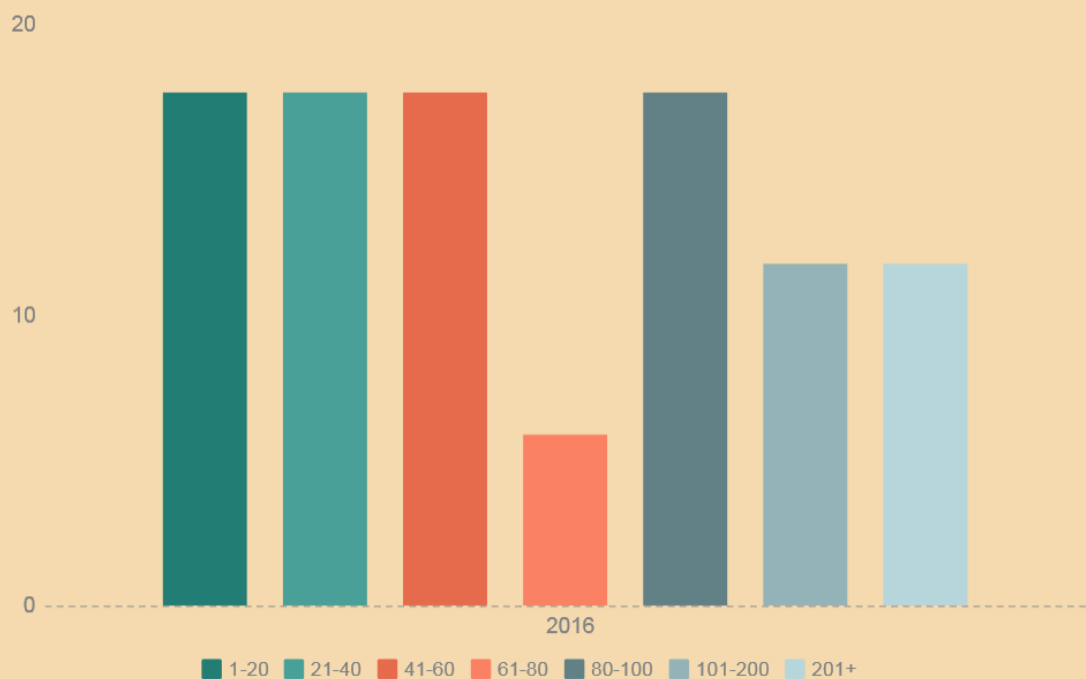
## 11. Volunteer Counselling Skills users:



## 12. Paid and volunteer counsellors and/or psychotherapists:

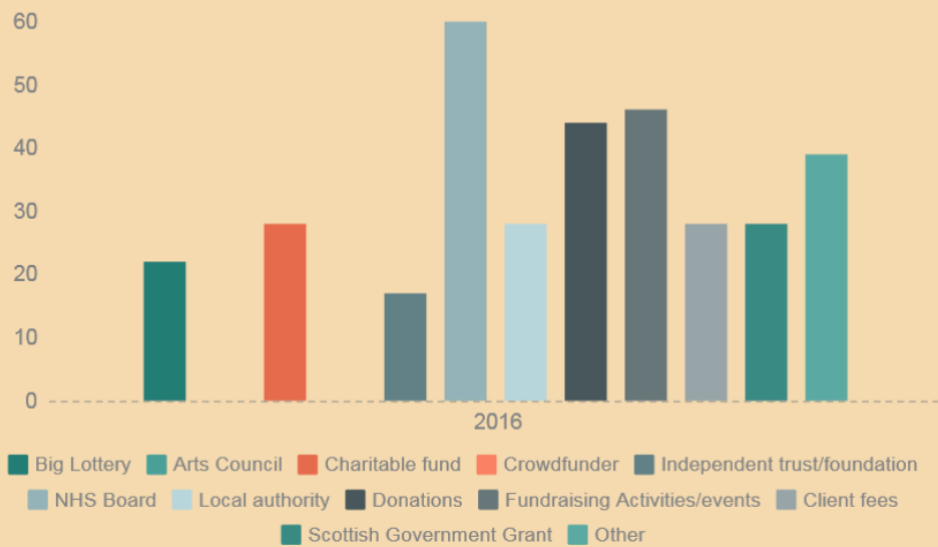


## 13. Average number of counselling hours per week provided by organisations:

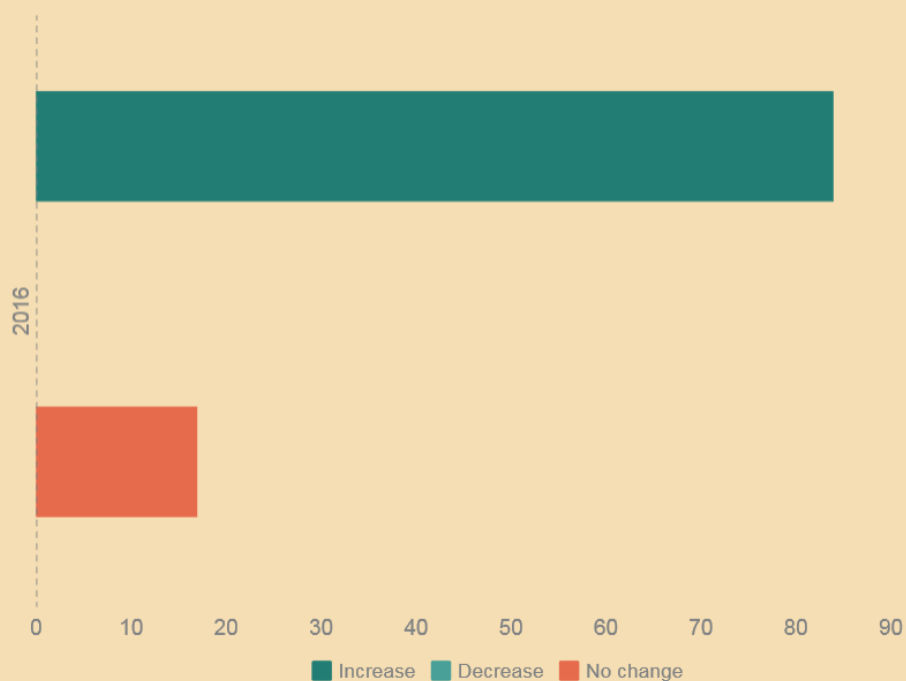




## 14. Ways Organisations are funded:



## 15. Organisations experiencing increase/decrease in demand for support over the last 12 months:



**COSCA (Counselling &  
Psychotherapy in Scotland)**  
16 Melville Terrace  
Stirling  
FK8 2NE

Charity Registered in Scotland No. SCO0188887  
Charitable company limited by guarantee.  
Registered in Scotland No. 142360

