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## **Coaching for Counsellors**

Friday 2<sup>nd</sup> and Saturday 3<sup>rd</sup> March 2018

A 2-day course specifically for counsellors, psychotherapists and professionals who use counselling skills

- Could your clients benefit from a coaching approach?
- Did you know that as a practitioner of counselling skills, you already have many of the skills which coaches use?

Life coaching and business coaching are increasingly used for personal and professional development, and this is a service you could provide. Coaching skills help clients set goals, take responsibility for their actions and move forward in a more focussed way.

### **What will you gain by attending this course?**

- You will become familiar with the International Coach Federation (ICF) Core Coaching Competencies
- You will have practised the TGROW coaching model and one other current coaching model
- You will have considered how to integrate coaching into your counselling practice
- You will understand some of the differences and similarities between coaching and counselling

Participation in this course allows you to progress directly to Day 2 of Rowan's ILM Level 3 Award in Coaching, ILM Level 3 Certificate in Coaching or ILM Level 5 Certificate in Coaching and Mentoring.

### **Who would benefit from this course?**

- Practising counsellors who want to integrate coaching skills into their existing practice, especially towards the end as clients become more robust
- Professionals using counselling skills as part of their role, and who have gained at least a Certificate in Counselling Skills

**4 Kinnoull Street 01738 562005**  
**Perth www.rowan-consultancy.co.uk**  
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### **Course details**

Dates           Friday 2<sup>nd</sup> and Saturday 3<sup>rd</sup> March 2018  
Times           9.30am – 4.30pm  
Venue           Rowan Consultancy, 4 Kinnoull Street, Perth, PH1 5EN  
Cost             £300 + VAT  
Booking Deadline– 5<sup>th</sup> February 2018

**Please Note-** *To study this course you must have a 120-hour Certificate in Counselling Skills or a Diploma in Counselling or Psychotherapy*

### **Course Trainer**

Rachel Weiss is an accredited counsellor with COSCA and BACP, as well as a certified coach with the International Coach Federation (ICF) and a validated COSCA trainer. Rachel has delivered coaching training to managers for many years, as well as delivering counselling skills training. She enjoys introducing counsellors to coaching skills.

### **Book Now**

If you would like to book a place, please download a booking form from our website and either email or send it to us at the address below. If you would like to make payment by card, please call us on 01738 562005. Our office is open Monday to Friday 9am to 4pm.

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