



rowan
live better

Using Creative Arts in Counselling

A series of workshops for 2018

A series of 4 workshops for counsellors who are curious about discovering and developing their use of the creative expressive arts within their own personal and/or professional practice.

| | |
|---------------------------|---|
| Sat 5 th May | Using Drawing, Painting and Images within a therapeutic setting |
| Sun 6 th May | Sand Tray and Small World Work in counselling |
| Sat 29 th Sept | The Therapeutic Power of Writing and Storytelling |
| Sun 30 th Sept | Working with Clay and Playdough in Counselling |

What will you gain by attending?

- the opportunity to experience the use of arts in counselling, working as both therapist and client
- the skills and knowledge to use the arts safely and ethically in your practice
- increase your self-awareness in relation to working with the arts therapeutically
- examine different ways that we make sense of both our own emotions and those of our clients

Who will benefit from the workshops?

- Practising counsellors who want to expand their skillset to include using the arts, images and metaphor in their client work
- Professionals using counselling skills as part of their role, and who have gained at least a Certificate in Counselling Skills

Workshop details

Dates – Sat 5th May, Sun 6th May, Sat 29th Sept and Sun 30th Sept 2018

Times– 9.30am – 4pm

Venue– Rowan Consultancy, 4 Kinnoull Street, Perth, PH1 5EN

Cost- £120 + VAT per workshop, or £100 + VAT per workshop if you book 2 or more

Further details about the workshops and the trainers are available on our website

http://www.rowan-consultancy.co.uk/Training/cpd_art_workshops_info.htm

Please Note - a pre-requisite for these courses is that you have a 120 hours Certificate in Counselling Skills or a Diploma in Counselling or Psychotherapy.

Book Now

If you are interested in booking a place on one or more of the workshops, please download a booking form from our website and either email or send it to us at the address below. If you would like to make payment by card, please call us on 01738 562005. Our office is open Monday to Friday 9am to 4pm.

4 Kinnoull Street 01738 562005
Perth www.rowan-consultancy.co.uk
PH1 5EN rowan@rowan-consultancy.co.uk