

Wellbeing Matters



A Conference Exploring Adverse Life Experiences and the Impact on Wellbeing

Friday 24th November 2017, 10am–4pm

IET Glasgow Teacher Building
14 St Enoch Square, Glasgow, G1 4DB



Keynote Speaker: Dr John Read

THE SOCIAL CAUSES OF MENTAL HEALTH PROBLEMS

Dr John Read is Professor of Clinical Psychology at the University of East London. John worked for nearly 20 years as a Clinical Psychologist and manager of mental health services in the UK and the USA, before joining the University of Auckland, New Zealand, in 1994, where he worked until 2013.

He has published over 130 papers in research journals, primarily on the relationship between adverse life events (e.g. child abuse/neglect, poverty etc.) and psychosis. He also researches the negative effects of bio-genetic causal explanations on prejudice, the opinions and experiences of recipients of anti-psychotic and anti-depressant medication, and the role of the pharmaceutical industry in mental health research and practice.

John is on the Executive Committee of the International Society for Psychological and Social Approaches to Psychosis (www.isps.org) and is the Editor of the ISPS's scientific journal 'Psychosis'.

Dr Sarah Nelson

THE IMPACT OF CHILDHOOD ABUSE ON PHYSICAL HEALTH

Dr Sarah Nelson has been a researcher, writer and campaigner on sexual violence and abuse for more than 30 years. Her book 'Incest: Fact and Myth' was influential as the first British book to highlight childhood sexual abuse as a gendered abuse of power.

She has carried out qualitative research at both the Centre for Research on Families and Relationships, University of Edinburgh, and the University of Dundee. In 2016 she published 'Tackling Child Sexual Abuse: Radical Approaches to Prevention, Protection and Support' (Policy Press). Its chapters reflect her work on physical and mental health, offenders, improving child protection, community prevention of CSA and exposing the backlash. She has also published on abused young people and schools, on organised abuse and on good practice with survivors in primary care.

Sarah was an adviser to the Scottish Government's Survivor Scotland team from 2006 to 2011, and adviser to the Scottish Parliament's Inquiry into Child Sexual Exploitation in Scotland (Scottish Parliament, 2014).

Other topics will include:

- Partnership Approaches to Improving Wellbeing
- Improving Outcomes for Children & Young People

Speakers to be confirmed

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