

Working with Adult Survivors of Childhood Sexual Abuse

June 23, 2018 - June 23, 2018 at 10.am till 4 pm

In TBC but near queen street

Cost: members £65 and non members £75

All modalities welcome

Aim of the Event

In all paradigms of counselling and psychotherapy the therapist aims to have a safe, bounded space in which the client can risk being themselves. If this space is provided then you have the right environment for the client to disclose perhaps for the first time a history of sexual abuse. The therapist does not have to be an expert in this field, as the client themselves will teach you how to be with them. Each case of sexual abuse is unique and although there can be commonalities the impact on the individual is particular to the individual. Experience together with study is the prime educator and I hope to use both these mediums to develop your knowledge and confidence to be a real presence for the client who reveals a history of sexual abuse.

Intended Learning outcomes

- How to be with a client as they reclaim repressed memories.(we will look at how and why memories start to surface)
- How to be alongside a client who has complex post traumatic stress disorder.

- We will ask the question -Is it ever necessary to refer a client with complex PTSD?
- the purpose of self harm/suicide ideation
- Understanding the defence mechanism of dissociation and how to be alongside the client in this state.
- How to take care of self when working with childhood sexual abuse.

to book a place please email Annette - secretary@pctscotland.co.uk. and let me know you have sent payment.

Bookings please by 30th April if possible.

Cheques payable to pct scotland and send to

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c/o 3 LANFINE ROAD PAISLEY

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