

# Foundation Certificate in Transactional Analysis

Are you interested in taking Transactional Analysis to the next level after the TA101?

Or are you a counsellor interested in adding to your knowledge and skills?

Do you have a professional role that involves personal interaction and want to develop your communication skills further?

Or are you simply interested in investing in learning more about yourself and your interactions with others – at home, in your personal life and in your work life?



**The Foundation Certificate in Transactional Analysis could be the opportunity you've been looking for!**



Physis Foundation Certificate in Transactional Analysis begins again in September 2021. This course is the first year of Physis 3-year Diploma in Counselling using TA, and of the 4-year TA psychotherapy course.

Our Foundation Year programme is for anyone who would like to deepen their theoretical knowledge of TA and learn how to apply it in a variety of settings including counselling, coaching, education, organisations, psychotherapy and personal development.

- Physis Foundation Certificate in TA continues the style of the TA101 workshop, providing interactive and dynamic training to enable you to apply the core concepts of TA theory to yourself and your environment
- You may discover more options for relating with others, more ways of resolving conflict, and more possibilities for change in your own life experience. The focus is on applying the core theory to your own process and to your interactions with the trainer and the training group, enabling you to develop your understanding of yourself and others
- The Foundation Certificate can exist as a standalone training experience, simply for personal development, or to enhance existing knowledge and training as a counsellor, or to facilitate your work in an organisation that requires interaction with others

Physis Foundation Certificate is delivered over 8 weekends between September and June, and four additional training days.

Please note, the TA101 is a prerequisite of enrolling in the Foundation Year programme.

For more information about our Foundation Year programme please email [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk) or contact Fiona Firman or Fiona Cook, Directors of Training on 07927 557217.

Apply now and begin your transformational TA journey!



**Contact us:**

**Physis Scotland, 22 Drumsheugh Gardens, Edinburgh EH3 7RN**

☎: 07927 557217

✉: [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk)

[www.physisscotland.co.uk](http://www.physisscotland.co.uk)