

DIPLOMA IN COUNSELLING SUPERVISION

Interested in developing a supervision practice? Or you are already a supervisor but feel uncertain about the theory that underpins your work? The Physis Scotland Diploma in Counselling Supervision could be just what you are looking for.



Commencing September 2023, the COSCA validated Diploma in Counselling Supervision course will be facilitated by Nicky Worrall, TSTA (P). Highly interactive and experiential training delivered over 10 days, using a blended approach of in-person teaching in our spaces in Edinburgh and online. The Diploma has Advanced Specialist training recognition with the National Counselling Society.



Applicants must have a COSCA Diploma in Counselling or equivalent minimum level of counselling/psychotherapy training, have worked as a counsellor or psychotherapist for two years post Diploma qualification and completed at least 450 hours of practice as a counsellor or psychotherapist. Applicants must also be in ongoing supervision for their clinical practice.

What will this training enable?

- Develop in-depth knowledge of several models of supervision, both developmental and task-focused
- Establish a clear ethical framework for your work as a supervisor and enable your supervisees to develop their ethical thinking and practice
- Understand the differences between therapeutic work and supervision and be able to work at the boundary of these aspects while maintaining the role of supervisor
- Learn supervision skills for working with both novice and experienced counsellors and apply appropriate interventions to working with both groups
- Understand and critique applications of supervision for both individual and group supervision
- Develop your identity as a supervisor based on your own philosophy of supervision

Dates and Fees

- 30th September/1st October 2023 (face-to-face)
- 18th/19th November 2023 (online)
- 20th/21st January 2024 (online)
- 16th/17th March 2024 (face-to-face)
- 27th April 2024 (online tutorial)
- 22nd/23rd June 2024 (face-to-face)

- Fee: £1584 (inc. VAT)
- Sponsored by organisation, £1944 (inc. VAT). Termly and 10 monthly instalment options available

Course Tutor



Nicky Worrall, MSc, CTA (P), TSTA (P) is a UKCP registered psychotherapist based in Winchester working with clients and supervisees. Nicky believes that "effective supervision is one of the key pillars of good clinical practice; a place where practitioners can grow and develop both personally and professionally with facilitative support and encouragement".

To apply please contact Olivia Burroughs at
enquiries@physisscotland.co.uk or 07927 557217
physisscotland.co.uk