

# FOUNDATION CERTIFICATE IN TRANSACTIONAL ANALYSIS (TA)

Have you completed a TA 101 course and are interested in elevating your understanding of Transactional Analysis? Are you looking to enhance your counselling abilities or improve your communication skills while working with individuals in organisations? This course could be a great fit for you.



Join the Physis Scotland Foundation Certificate in Transactional Analysis (TA).

The Course will be held in our warm, welcoming, training spaces, in the heart of the beautiful West End of Edinburgh.

It can be taken as a standalone course or as part of the 3-year COSCA Validated Diploma in Counselling using TA for those looking to enhance their skills and qualifications.

Our Foundation Year program caters to individuals interested in enhancing their theoretical understanding of TA and applying it across different settings such as counselling, coaching, education, organisations, psychotherapy and personal development.

Before enrolling in the Foundation Year, completion of the 2-day 'TA101 - An Introduction to Transactional Analysis' is required. For additional information on TA101 workshops and schedules, please visit [physisScotland.co.uk](http://physisScotland.co.uk).

## What will this training enable?

- The Foundation Certificate in TA continues in the style of the TA101 workshop, providing interactive and dynamic training
- You will be applying the core concepts of TA theory to yourself and your environment
- You may discover options for relating with others, resolving conflict and possibilities for change in your own life experience
- Applying the core theory to your own process and to your interactions with the trainer and the training group enables you to develop your understanding of yourself and others
- It can support you in personal development, for existing counsellors it can enhance your knowledge, or facilitate your work in an organisation requiring interaction with others

## Dates and Fees

- Commences 27th September 2024
- Training is delivered over 8 weekends and 4 additional days
- For course content and a full list of weekend dates visit [physisScotland.co.uk](http://physisScotland.co.uk)
- Fee: £2880 (inc. VAT) Termly, 3 monthly or 10 monthly instalment options available

## Course Tutors



Fiona Firman PTSTA and Fiona Cook PTSTA, are both experienced TA counsellors, psychotherapists, supervisors and trainers. They are the founders and Directors of Training at Physis Scotland. They have their own private counselling practices.



To apply please contact Olivia Burroughs at [enquiries@physisScotland.co.uk](mailto:enquiries@physisScotland.co.uk) or 07927 557217  
[physisScotland.co.uk](http://physisScotland.co.uk)