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## **Coaching for Counsellors**

**Running 1<sup>st</sup> & 8<sup>th</sup> March 2022**

A training course specifically for counsellors, psychotherapists and professionals who use counselling skills.

- Could your clients benefit from a coaching approach?
- Did you know that as a practitioner of counselling skills, you already have many of the skills which coaches use?

Life coaching and business coaching are increasingly used for personal and professional development, and this is a service you could provide. Coaching skills help clients set goals, take responsibility for their actions and move forward in a more focussed way.

### **What will you gain by attending this course?**

- You will become familiar with the International Coach Federation (ICF) Core Coaching Competencies
- You will have practised the TGROW coaching model and one other current coaching model
- You will have considered how to integrate coaching into your counselling practice
- You will understand some of the differences and similarities between coaching and counselling

### **Who would benefit from this course?**

- Practising counsellors who want to integrate coaching skills into their existing practice, especially towards the end as clients become more robust
- Professionals using counselling skills as part of their role, and who have gained at least a Certificate in Counselling Skills

**4 Kinnoull Street 01738 562005**  
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### **Course details**

Dates            Wednesday 1<sup>st</sup> March and Wednesday 8<sup>th</sup> March 2022  
Times            9.30am – 4.30pm  
Venue            Online via Zoom  
Cost              £300 + VAT

**Please Note-** *To study this course you must have a 120-hour Certificate in Counselling Skills or a Diploma in Counselling or Psychotherapy*

### **Course Trainer**

Rachel Weiss is an accredited counsellor with COSCA and BACP, as well as a certified coach with the International Coach Federation (ICF) and a validated COSCA trainer. Rachel has delivered coaching training to managers for many years, as well as delivering counselling skills training. She enjoys introducing counsellors to coaching skills.

### **Book Now**

If you would like to find out more or book a place, you can do so via our [Ticket Tailor page](#).

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