

FOUNDATION CERTIFICATE IN TRANSACTIONAL ANALYSIS (TA)

Have you completed a TA 101 and would like to take Transactional Analysis to the next level? Would you like to advance your counselling skills? Perhaps you work with people in organisations and would like to develop your communication skills? This course might be for you.



Commencing in September 2022, the Physis Scotland Foundation Certificate in Transactional Analysis (TA) can be taken as a stand-alone course, and for those that would like to develop their skills and qualifications further, it is also the first year of our 3 year COSCA Validated Diploma in Counselling using TA.

Training is delivered over 8 weekends and 4 additional days, in our warm inviting space in the beautiful West End of Edinburgh.

The 2 day 'TA101 - An Introduction to Transactional Analysis', is a prerequisite to enrolling on the Foundation Year.

Our Foundation Year programme is for anyone who would like to deepen their theoretical knowledge of TA and learn how to apply it in a variety of settings including counselling, coaching, education, organisations, psychotherapy and personal development.

What will this training enable?

- The Foundation Certificate in TA continues in the style of the TA101 workshop, providing interactive and dynamic training
- You will be applying the core concepts of TA theory to yourself and your environment
- You may discover options for relating with others, resolving conflict and possibilities for change in your own life experience
- Applying the core theory to your own process and to your interactions with the trainer and the training group enables you to develop your understanding of yourself and others
- It can support you in personal development, for existing counsellors it can enhance your knowledge, or facilitate your work in an organisation requiring interaction with others

Dates and Fees

- 23rd/24th/25th September 2022 (Introduction to Counselling Skills)
- 29th/30th October 2022
- 19th/20th November 2022
- 17th/18th December 2022
- 28th/29th January 2023
- 25th/26th February 2023
- 25th/26th March 2023
- 15th April 2023 (Physis Altogether Day)
- 27th/28th May 2023
- 24th/25th June 2023
- Fee: £2,200 for self-funded. £2,533 fee for organisations. Installment option available.

Course Tutors



Fiona Firman PTSTA and Fiona Cook PTSTA, are both experienced TA counsellors, psychotherapists, supervisors and trainers. They are the founders and Directors of Training at Physis Scotland. They have their own private counselling practices.

**To apply please contact Olivia Burroughs at
enquiries@physisscotland.co.uk or 07927 557217
www.physisscotland.co.uk**