

Convener:  
**Bill Steele**

Chief Executive Officer  
Secretary of the Social Care Council:  
**Vivienne Dickenson**

**CROSSREACH**

Care you can put your faith in

## **CrossReach Counselling and Recovery Volunteer Counsellor Opportunity**

Our Counselling & Recovery team provide support to those over the age of 16 who are affected by their own or someone else's past/present drug use. The team is developing a blended model of face to face and online support which will include Individual Counselling, Group work (for those living with depression) and 30minute focused sessions known as Managing Thoughts Feelings and Behaviours which use tools to explore issues that may be affecting clients' daily lives.

Individual Counselling provides a space for a client to explore their thoughts and feelings surrounding the way their life is affected by their or another's drug use; as well as concerns related to factors such as relationships, loss, anger, stress, guilt, shame, self-esteem, fear, anxiety, understanding addiction and drugs. Counselling at the moment is offered on a fixed term basis and clients are offered 12 weeks 1:1 counselling.

All our counsellors bring knowledge of substance use and addiction to their work and share a client-focused approach. Counsellors are trained in a variety of counselling approaches.

**Please note** whilst we normally welcome applications from those who are working towards a recognised qualification in counselling we are unable to do so at this time. All counsellors need to be qualified and have a BACP / COSCA accreditation.

### **Volunteer Counsellor Role**

Required skills, qualifications and experience:

- Qualified, COSCA/BACP registered counsellor
- Previous experience of working with trauma and addiction preferred
- Already obtained a minimum of 100+ hours of supervised clinical practice

### **Time Commitment**

- Counselling appointments are currently taking place Monday – Friday, throughout the working day. There is a possibility that we may be able to offer early evening appointments at some stage in 2022.
- Minimum number of clients and commitment length will be explored in the interview

For more information and to apply, visit: [www.crossreach.org.uk/support-us/volunteer](http://www.crossreach.org.uk/support-us/volunteer) clearly stating your qualifications and experience in your application

**Interview dates:** 10<sup>th</sup> or 17<sup>th</sup> February 2022

**Induction dates:** 10<sup>th</sup> and 30<sup>th</sup> March 2022



**The Church of Scotland**  
Social Care Council

Operating as CrossReach, Scottish Charity No: SC011353

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