

Centre for Lifelong Learning

# Mental Health and Wellbeing Short Courses

## New for 2023!

An exciting new range of CPD short courses aimed at students who have successfully completed their COSCA Certificate in Counselling Skills and have not yet progressed onto diploma level training.

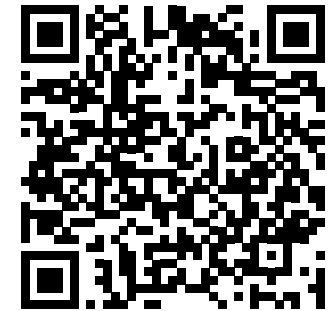
These courses will provide students with not only a theory input into a range of topics but also a safe place to continue to practise their listening skills.

Check our website

[www.strath.ac.uk/studywithus/centreforlifelonglearning/counselling/](http://www.strath.ac.uk/studywithus/centreforlifelonglearning/counselling/)  
to keep up to date with current and future courses!



University of  
**Strathclyde**  
Glasgow



**Find out more**