

COSCA Counselling Skills Certificate



Glasgow, August 2021 – February 2022

The Spark is providing a COSCA Counselling Skills Course delivered by practicing counselling professionals throughout 2021 and 2022 in Glasgow. Whether you are thinking of starting a career in counselling or just want to improve your communication skills, this course is for you.

The Spark is a national relationship counselling charity and training organisation validated by COSCA. The organisation has operated for over 50 years training and developing counsellors. All teaching and practical sessions on the COSCA Skills course are delivered by our own team of experienced trainers, offering students a wealth of knowledge and experience giving added insight into the profession.

The COSCA Skills course comprises of 4 modules of 30 hours each.

WHO IS IT FOR?

- Anyone whose work performance would benefit from the use of enhanced listening skills within the workplace, e.g. nursing or health professionals, teaching or social work, police officers, working in HR, in staff development and appraisals, management, and those working in care settings – whether non-residential, or residential.
- This course is an excellent first step for anyone interested in training as a counsellor.

WHAT WILL YOU GAIN?

- Effective listening and people skills that will benefit personal and work relationships.
- Self-awareness and a better ability to reflect, enabling more effective interventions.
- Knowledge of the theory that validates the effectiveness of counselling skills.
- Understanding of the ethical framework required in all supporting relationships.
- A professional recognised qualification, 40 SCQF credits at SCQF level 8.

THE COSCA COUNSELLING SKILLS COURSE:

- The 4 modules are 30 hours each, normally completed within a year.
- Experiential and skills-based learning delivered by our highly experienced trainers.
- **Cost:** £265 per module (inclusive of handbook), payable in full prior to course start or in instalments by agreement. Fees are VAT exempt.
- **Location:** The Spark, 100 Wellington Street, Glasgow G2 6DH
- **Day/Time:** Friday 09:15 until 16:45 (85% attendance required per module)

The course is subject to meeting the minimum number of participants required by COSCA and viability will be assessed one month before the due start date. All dates will be confirmed at this time. **Please visit our website for more information, including the course dates.**

FOR FURTHER INFORMATION AND TO APPLY:

Please email workforcedevelopment@thespark.org.uk or visit our website at www.thespark.org.uk.

“The COSCA Skills course is without doubt the most fulfilling training course I have ever done. The team are fantastic, and I would highly recommend this to anyone who is at all interested in their own personal development.” Student: Sarah 2018