

# Diploma in Counselling Supervision

Are you an experienced counsellor looking for “another string to your bow”?

Or are you already a supervisor but feel uncertain about the theory that underpins your work?

Or are you a psychotherapist interested in developing a supervision practice?



This course could be just what you're looking for!



## COSCA Validated Physis Scotland Diploma in Counselling Supervision

Starting in **September 2021**, the COSCA validated Physis Scotland Diploma in Counselling Supervision course will be delivered over 10 days of highly interactive and experiential training, spread over 10 months.

This dynamic training will enable you to:

- Develop an in-depth knowledge of several models of supervision, both developmental and task focused
- Establish a clear ethical framework for your work as a supervisor, and enable your supervisees to develop their ethical thinking and practice
- Understand the differences between therapeutic work and supervision, and be able to work at the boundary of these aspects whilst maintaining the role of supervisor
- Learn supervision skills for working with both novice and experienced counsellors, and apply appropriate interventions to working with both groups
- Understand and critique applications of supervision for both individual and group supervision
- Develop your identity as a supervisor based on your own philosophy of supervision

Applicants must have a COSCA Diploma in Counselling qualification or equivalent minimum level of counselling/psychotherapy training, have worked as a counsellor or psychotherapist for two years and completed at least 450 hours of practice as a counsellor or psychotherapist. Applicants must also be in ongoing supervision for their clinical practice.

**DATES:** 25/26 September 2021, 13/14 November 2021, 15/16 January 2022, 12/13 March 2022, 4/5 June 2022

**FEE:** £1050 (5 taught modules over 5 weekends). £150 deposit plus 3 X £300

### COURSE TUTORS:

Bev Gibbons, PTSTA

Ronen Stilman, PTSTA



For an application form and/or further details, please contact Fiona Firman or Fiona Cook – Directors of Training – [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk) or call 07927 557217