

# DIPLOMA IN COUNSELLING SUPERVISION

**Interested in developing a supervision practice?  
Or you are already a supervisor but feel uncertain  
about the theory that underpins your work? The  
Physis Scotland Diploma in Counselling  
Supervision could be just what you are looking  
for.**



Commencing October 2022, the COSCA validated Diploma in Counselling Supervision course will be facilitated by Nicky Worrall, TSTA (P). Highly interactive and experiential training delivered over 10 days, using a blended approach of online and in-person teaching. The Diploma has Advanced Specialist training status with the National Counselling Society.



Applicants must have a COSCA Diploma in Counselling or equivalent minimum level of counselling/psychotherapy training, have worked as a counsellor or psychotherapist for two years post Diploma qualification and completed at least 450 hours of practice as a counsellor or psychotherapist. Applicants must also be in ongoing supervision for their clinical practice.

## What will this training enable?

- Develop in-depth knowledge of several models of supervision, both developmental and task-focused
- Establish a clear ethical framework for your work as a supervisor and enable your supervisees to develop their ethical thinking and practice
- Understand the differences between therapeutic work and supervision and be able to work at the boundary of these aspects while maintaining the role of supervisor
- Learn supervision skills for working with both novice and experienced counsellors and apply appropriate interventions to working with both groups
- Understand and critique applications of supervision for both individual and group supervision
- Develop your identity as a supervisor based on your own philosophy of supervision

## Dates and Fees

- 1st/2nd October 2022
- 3rd/4th December 2002 (online)
- 4th/5th February (online)
- 1st/2nd April 2023
- 13th/14th May 2023
- Fee: £1,200. Deposit £150, with 3 installments of £350

## Course Tutor



Nicky Worrall, MSc, CTA (P), TSTA (P) is a UKCP registered psychotherapist based in Winchester working with clients and supervisees. Nicky believes that "effective supervision is one of the key pillars of good clinical practice; a place where practitioners can grow and develop both personally and professionally with facilitative support and encouragement".

**To apply please contact Olivia Burroughs at  
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[www.physisscotland.co.uk](http://www.physisscotland.co.uk)**