



# PERSONAL DEVELOPMENT

**Do You Want To Develop Your  
Self Awareness?**

**Do You Like To Gain Personal  
Growth?**

**Do You Want To Experience Therapy  
From A Client Perspective?**

Kirsten Perry (BABCP Psychotherapist & COSCA Accredited Diploma Level Trainer) offering online , affordable individual therapy sessions for all counselling and therapy students at a reduce rate of £25.

**IF YOU WOULD LIKE TO ENQUIRE ABOUT THESE SESSIONS, PLEASE  
EMAIL: [THEDEVELOPMENTCLASS@PROTONMAIL.COM](mailto:THEDEVELOPMENTCLASS@PROTONMAIL.COM)**