

# FOUNDATION CERTIFICATE IN TRANSACTIONAL ANALYSIS (TA)

Have you completed a TA101 and would like to take Transactional Analysis to the next level? Would you like to advance your counselling skills? Perhaps you work with people in organisations and would like to develop your communication skills. This course might be for you.



We are offering two cohorts:

- Foundation Certificate in Transactional Analysis (in-person, Edinburgh)
- or
- Foundation Certificate in Transactional Analysis (blended i.e. in-person, Edinburgh and 2 weekends online)

The courses can be stand-alone or for those that would like to develop their skills and qualifications further, it is also the first year of our 3-year COSCA Validated Diploma in Counselling using TA.

The 2-day 'TA101 - An Introduction to Transactional Analysis', is a prerequisite to enrolling on the Foundation Year. To find out more about the TA101 workshops and dates visit [physisscotland.co.uk](https://physisscotland.co.uk)

Our Foundation Year programme is for anyone who would like to deepen their theoretical knowledge of TA and learn how to apply it in a variety of settings including counselling, coaching, education, organisations, psychotherapy and personal development.

## What will this training enable?

- The Foundation Certificate in TA continues in the style of the TA101 workshop, providing interactive and dynamic training
- You will be applying the core concepts of TA theory to yourself and your environment
- You may discover options for relating with others, resolving conflict and possibilities for change in your own life experience
- Applying the core theory to your own process and to your interactions with the trainer and the training group enables you to develop your understanding of yourself and others
- It can support you in personal development, for existing counsellors it can enhance your knowledge, or facilitate your work in an organisation requiring interaction with others

## Dates and Fees

- Foundation Certificate in Transactional Analysis (in-person) commences 22nd September 2023
- Foundation Certificate in Transactional Analysis - (blended) commences 20th October 2023
- Training is delivered over 8 weekends and 4 additional days
- For course content and a full list of weekend dates visit [physisscotland.co.uk](https://physisscotland.co.uk)
- Fee: £2880.00 (inc VAT). Termly and 10 monthly instalment options available

## Course Tutors



Fiona Firman PTSTA and Fiona Cook PTSTA, are both experienced TA counsellors, psychotherapists, supervisors and trainers. They are the founders and Directors of Training at Physis Scotland. They have their own private counselling practices.