

COSCA (Counselling & Psychotherapy in Scotland) 16 Melville Terrace | Stirling | FK8 2NE t: 01786 475 140 f: 01786 446 207 e: info@cosca.org.uk w: www.cosca.org.uk

DONATE TO COSCA

Your gift to COSCA can help in so many ways. By donating to COSCA you will be helping to advance counselling, psychotherapy and the use of counselling skills in Scotland. Your donation would help us to take forward specific pieces of work and would be an investment in COSCA's vision.

HOW TO DONATE TO COSCA

You can donate to COSCA by:

- sending a cheque, postal order or cash to the Chief Executive, COSCA, 16 Melville Terrace, Stirling FK8 2NE –
- paying direct to the COSCA bank:

Virgin Money Sort Code: 82 68 05; Account No: 70174110; Account Name: COSCA (Counselling & Psychotherapy in Scotland)

Please give a reference by which COSCA will know this is a donation when it appears on the bank statement \neg leaving money in your will towards COSCA's work \neg

WHAT IS COSCA's VISION?

COSCA's vision:

• a listening, caring society that values people's wellbeing

WHO IS INVOLVED IN COSCA's WORK?

COSCA is a charity and a voluntary organisation. Its Policy Board governs it and a small team of staff and a growing number of volunteers implements its work. It is a developing organisation with now over 1000 individual and organisational members across the voluntary, statutory and independent sectors in Scotland. The Scottish Government is the major investor in our work.

WHY DONATE TO COSCA?

We live in times when more people are distressed, anxious and stressed than ever before. COSCA's work helps to alleviate these very real human problems by supporting counsellors, psychotherapist and uses of counselling skills to be effective in delivering professional counselling services to the public