



Diploma in Counselling Supervision

Are you looking to enhance your supervision skills? Maybe you're already a supervisor but unsure about the underlying theory guiding your practice.

Join our highly skilled trainer, Nicky Worrall, TSTA(P) on the Diploma in Counselling Supervision course. Training will be in person in our warm and inviting spaces located in the heart of the beautiful West End of Edinburgh.

The Course is COSCA-validated and has Advanced Specialist training recognition with The National Counselling and Psychotherapy Society.



Applicants must have a COSCA Diploma in Counselling or equivalent minimum level of counselling/psychotherapy training, have worked as a counsellor or psychotherapist for two years post Diploma qualification and completed at least 450 hours of practice as a counsellor or psychotherapist. Applicants must also be in ongoing supervision for their clinical practice.

What will this training enable?

- Develop in-depth knowledge of several models of supervision, both developmental and task-focused
- Establish a clear ethical framework for your work as a supervisor and enable your supervisees to develop their ethical thinking and practice
- Understand the differences between therapeutic work and supervision and be able to work at the boundary of these aspects while maintaining the role of supervisor
- Learn supervision skills for working with both novice and experienced counsellors and apply appropriate interventions to working with both groups
- Understand and critique applications of supervision for both individual and group supervision
- Develop your identity as a supervisor based on your own philosophy of supervision



Dates and fees

The Diploma in Counselling Supervision course commences on 18th October 2025.

For course content and a full list of dates visit physisscotland.co.uk

The course fee is £1,654 (inc. VAT) if self-funding, or £2014 (inc. VAT) if you are bring sponsored by your organisation.

Apply now

The application deadline for the Diploma in Counselling Supervision course is **19th September 2025**. Complete the application form on our website or contact Christina Ching at enquiries@physisscotland.co.uk or 07927 557217 for more information.

Course Tutor



Nicky Worrall, MSc, CTA (P), TSTA (P) is a UKCP registered psychotherapist based in Winchester working with clients and supervisees. Nicky believes that "effective supervision is one of the key pillars of good clinical practice; a place where practitioners can grow and develop both personally and professionally with facilitative support and encouragement".

Location

Physis Scotland, 22 Drumsheugh Gardens, Edinburgh EH3 7RN