



Foundation Certificate in Transactional Analysis (TA)

Have you completed a TA101 and would like to take Transactional Analysis to the next level? Would you like to advance your counselling skills? Perhaps you work with people in organisations and would like to develop your communication skills. This course might be for you.



About the course

The Foundation Certificate in Transactional Analysis can be a stand-alone course or for those that would like to develop their skills and qualifications further, it is also the first year of our three-year COSCA Validated Diploma in Counselling using TA.

The two-day 'TA101 - An Introduction to Transactional Analysis', is a prerequisite to enrolling on the Foundation Year. To find out more about the TA101 workshops and dates visit physisscotland.co.uk

Our Foundation Year programme is for anyone who would like to deepen their theoretical knowledge of TA and learn how to apply it in a variety of settings including counselling, coaching, education, organisations, psychotherapy and personal development.

What will this training enable?

- The Foundation Certificate in TA continues in the style of the TA101 workshop, providing interactive and dynamic training
- You will be applying the core concepts of TA theory to yourself and your environment
- You may discover options for relating with others, resolving conflict and possibilities for change in your own life experience
- Applying the core theory to your own process and to your interactions with the trainer and the training group enables you to develop your understanding of yourself and others
- It can support you in personal development, for existing counsellors it can enhance your knowledge, or facilitate your work in an organisation requiring interaction with others

Dates and fees

The Foundation Certificate in Transactional Analysis course commences on 26th September 2025.

For course content and a full list of weekend dates visit physisscotland.co.uk

The course fee for the Foundation Year programme for 2025/2026 is £3360 (inc. VAT).

Termly and ten monthly instalment options are available.

Apply now

The application deadline for the course is **5th September 2025**. Complete the application form on our website or contact Christina Ching at enquiries@physisscotland.co.uk or 07927 557217 for more information.

Course Tutors



Fiona Firman PTSTA and Fiona Cook PTSTA, are both experienced TA counsellors, psychotherapists, supervisors and trainers. They are the founders and Directors of Training at Physis Scotland and have their own private counselling practices.

Location

Physis Scotland, 22 Drumsheugh Gardens, Edinburgh EH3 7RN