





## **Glasgow Cognitive Therapy Centre**



### Online COSCA Counselling Skills Certificate Course

Ready to unlock your potential in counselling?

Discover the COSCA Certificate in Counselling Skills — a course designed for anyone looking to enhance their communication, self-awareness, and professional development. Whether you're considering a career in counselling or want to strengthen your interpersonal skills in roles like healthcare, education, HR, or law enforcement, this course is your gateway.

# **OCCURRENCE**

Fully online via Zoom
4 modules covering advanced communication, self-reflection, ethics, and counselling theory
SCQF Level 8 with 40 credits
Cost: £1350 for entire course
SAAS funding and interest free payment plans available

### ■What You'll Learn

Effective listening and responding techniques
Theoretical foundations of counselling approaches
Ethical frameworks for supportive relationships
Enhanced self-awareness and reflective practice

#### Perfect for:

Aspiring counsellors
Nurses, teachers, social workers
HR professionals, law enforcement, and more

For an application pack, email admin@glasgowcognitivetherapycentre.com