

Diploma in Integrative Counselling & Psychotherapy

The course is theoretically informed by Humanistic, Psychodynamic and Cognitive Behavioural theories. There is an emphasis on the therapeutic relationship, self-awareness empowerment of clients and awareness of social and cultural contexts as being at the core of therapeutic change.

Provider: Glasgow Council on Alcohol (COSCA-validated)
Format: Part-time, 2 years (evenings/weekends), based in Glasgow

Why choose this course?

- Learn in a supportive, community-focused environment—ideal for returning learners, career changers, or those advancing therapeutic skills
- Rich hands-on learning: 400 hours of taught study, plus 40 hrs personal therapy and 100 hrs supervised clinical placement
- We offer facilitated pathway to placement
- Build your future: many graduates progress into counselling roles—including opportunities within GCA and the wider sector

Who it's for:

- Those ready to specialise in integrative approaches
- (person-centred, CBT, psychodynamic)
- People with prerequisite COSCA counselling skills or equivalent learning
- Anyone keen to develop therapeutic practice professionally or personally

Location & contact:

📍 14 North Claremont Street, Glasgow

☎ 0141 353 1800 or email

training@glasgowcouncilonalcohol.org

Step into counselling with confidence & transform lives (including your own). **Apply now!**

