





## **Glasgow Cognitive Therapy Centre**



## Online COSCA Certificate in Counselling Skills (SCQF level 8)

Enhance your communication, deepen your self-awareness, and build strong interpersonal skills with the **COSCA Certificate in Counselling Skills**. Whether you're exploring a career in counselling or want to strengthen how you work with people in roles such as healthcare, education, HR, social care, or law enforcement, this course offers a practical and professional foundation.

Start Date: 26th January 2026

Time: 6pm – 9pm **Delivered:** Online via Zoom

Course fee: £1,350 SAAS funding and interest-free payment plans available

4 engaging modules covering advanced communication skills, reflective practice, ethical frameworks, and key counselling theories

## What You'll Learn

Skilled and effective listening and responding techniques

Core theoretical approaches in counselling

Ethical principles for building safe, supportive relationships

Increased self-awareness and reflective practice

Email: admin@glasgowcognitivetherapycentre.com or visit:

https://www.glasgowcognitivetherapycentre.com/training-courses/cosca-certificate-in-counselling-skills/