



COSCA Annual Ethics event 2026



1.30pm–3.30pm via Zoom on
Wednesday 18th February
2026

Ethical and Responsible Use of Artificial Intelligence in Counselling and Psychotherapy



Programme

- 1.30** Welcome and Introduction - Fiona McCall,
Chair of Ethics Committee
 - 1.35** Ethics-led exploration of what AI means for
counselling and psychotherapy today
Kenneth Kelly, Founding Member of
Counselling Tutor and the founder of
ethicalaipractice.com
 - 2.15** Comfort Break
 - 2.25** Breakout Rooms – facilitated by members of
the Ethics Committee
 - 3.20** Plenary - Fiona McCall, Chair of the Ethics
Committee
 - 3.30** Close
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