



COSCA (Counselling & Psychotherapy in Scotland) 16 Melville Terrace | Stirling | FK8 2NE
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Board of COSCA (Counselling & Psychotherapy in Scotland)

1. Membership of COSCA Board

Members of COSCA's Board make up COSCA's governing body and have the general control and management of COSCA. They represent an area of interest linked to COSCA's Development Plan, including all the various kinds of counselling and psychotherapy in Scotland. The remit of the member is to assemble a broad overview of his/her area of interest and keep abreast of developments, as well as carrying out their general governance roles and activities.

COSCA members are encouraged to contact specific members of the Board to pass on information related to his/her area of interest and/or to request advice/assistance with respect to that area of interest. The table below contains the names of COSCA's Board and provides information on their respective area(s) of interest.

You may contact the COSCA Board members at info@cosca.org.uk

Name	Area of Interest
Jan Kerr	Chair/ Training; Recognition Scheme
Martha Pollard	Vice Chair/ Research
Stuart Valentine	Specialist Counselling Area – Relationships
Linda McLachlan	Specialist Counselling Area – Alcohol/Drugs; Bereavement
Ashley McVey	Accreditation – Counsellors and Trainers
Lisa McGilvray	Ethics
Carol Smart	Rurality
Claire Henderson	Statutory Services

Name	Co-Optees
Erica Wolfe	Co-optee Lay Representative

2. Guidance on Public Attendance at COSCA Board Meetings

- The public may attend meetings of COSCA's Board as an observer only. Due to space restrictions, the number of attendees is limited to 10.
- No Board papers will be issued to the public attending as observers.
- Those wishing to attend must apply in writing to COSCA's office in Stirling two weeks in advance of the date of the Board meeting. Places will be allocated in the order that requests are received. Applicants will be informed about the outcome of their request prior to the meeting date.
- Those members of the public attending Board meetings are required to respect that the meeting is a Board meeting to conduct the business of COSCA and as such members of the public must not interrupt the discussion of the Board.
- COSCA reserves the right to discuss confidential matters at Board meetings in private
- No cameras or any recording equipment are allowed unless prior approval has been granted.
- Members of the public who attend Board meetings are not entitled to claim expenses for attending. They are also not entitled to any catering that may be provided for Board members.

3. Dates of COSCA Board Meetings

Monday 23rd February 2026

Monday 11th May 2026

Monday 24th August 2026

Monday 23rd November 2026

4. COSCA Board Minutes

Approved minutes of COSCA Board meetings are posted on COSCA's website under About Us, www.cosca.org.uk.

Brian Magee
 Chief Executive
 COSCA (Counselling & Psychotherapy in Scotland)