



Murray's Initiative
2nd Floor, 14 North Claremont Street
Glasgow G3 7LE
0141 353 1800

JOB DESCRIPTION

Job Title: Men's Wellbeing Support Worker

Location: Based within Murray's Initiative's Head Office in North Claremont Street with travel throughout Glasgow City for service delivery

Salary: Starting Salary £24,479 per annum (pro rata)

Hours: Part-time - Between 10 and 16 hours per week – Fixed term end of September 2028

We understand that many will have other commitments outside of work and so flexible working, part-time hours or job-sharing arrangements will be considered for the right candidate.

About Us:

Murray's Initiative (formally known as Glasgow Council on Alcohol) is an independent Scottish charity that works to reduce alcohol and drug-related harm at both individual and community levels. Established in 1965, Murray's Initiative adopts a long-term, trauma-informed and asset-based approach to changing the culture around substance use. Its services are built on a person-centred, harm-reduction model, supporting people whether their goal is to reduce consumption or achieve abstinence.

Murray's Initiative offers free, confidential counselling services for people concerned about their own or someone else's drinking. Murray's Initiative delivers a range of interventions including groupwork and employability support as well as a number of holistic and inclusive services, such as a women's service for survivors of gender-based violence, young persons peer education service, LGBTQ+ health and wellbeing support and tailored wellbeing programmes.

Murray's Initiative is also a recognised provider of professional development, offering a comprehensive training portfolio including education aimed at increasing awareness of alcohol use and promoting healthier lifestyles, COSCA Counselling Skills and a Diploma in Integrative Counselling and Psychotherapy.

Murray's Initiative deliver services over 6 days per week and throughout Glasgow, East Dunbartonshire and East Renfrewshire, helping people make meaningful, positive change in their lives.



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The foundation of Murray's Initiative is our supportive and inclusive culture for all who engage and work with us.

About the Role:

Based within the Men's Health and Wellbeing Service at Murray's Initiative, the role of Men's Wellbeing Support Worker is to provide one-to-one health and wellbeing support to men who have experienced both trauma and addiction. The Wellbeing Support Worker will help individuals to achieve positive health and wellbeing outcomes and also facilitate groups as a key part of their role.

The Wellbeing Support Worker will report to the Service Manager – Wellbeing.

This post requires membership of the Protection of Vulnerable Groups (PVG) Scheme membership for children and protected adults. Successful applicants will be required to join the PVG Scheme.

Key Responsibilities of the Men's Wellbeing Support Worker:

- Delivering person-centred one-to-one support to individuals either at Head Office or out in the community
- Achieving targets in relation to supporting individuals to progress in key areas of health and wellbeing
- Facilitating groups – formal structured groups, informal activity based groups
- Providing psychoeducation
- Meeting contractual compliance and promoting the unique, person centred ethos of Murray's Initiative
- Prioritising workload to ensure a high quality, person-centred service to all participants
- Networking with partners and other relevant agencies
- Adhering to the implementation of risk management procedures (including child and adult safeguarding protocols) taking personal responsibility for keeping up to date on the requirements of these procedures
- Undertaking any other duties as required by the Service Manager – Wellbeing

Qualifications and Experience :



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- A qualification in Health and Social Care or equivalent is desirable or have relevant learning gained through hands-on practice
- Strong background in mental health or voluntary sector, particularly in relation to men's mental health
- Awareness and understanding of the experiences of individuals in recovery
- Organised and efficient approach to managing and supporting a caseload of clients to achieve their individual goals
- Experience of facilitating and delivering group work
- Confident using digital technology as part of your day-to-day work

Skills and Competencies:

- Be friendly, compassionate and naturally able to build relationships with individuals
- Comfortable working with individuals in recovery from alcohol and/or drugs who have experienced trauma
- Comfortable working with individuals who might have experience of the criminal justice system, mental health challenges, or homelessness
- Understanding and able to offer practical, empathetic support that builds health, wellbeing, self-esteem and confidence
- Excellent interpersonal and written and verbal communication skills, with the ability to engage with participants and build good relationships
- Planning, organisation and co-ordination skills
- Team working and networking skills
- Time management skills
- Ability to work on own initiative and remotely from line management
- Commitment to working in line with Murray's Initiatives values of collaboration, respect and empathy

Why Join Us?



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- Your work will contribute to make a real difference to people's lives.
- Competitive salary and benefits package:
 - Very generous annual leave entitlement: full time employees start with an annual leave entitlement of 37 days (inclusive of 12 bank holidays) which increases with length of service.
 - Duvet days where employees may take time off at short notice.
 - Death in service policy.
 - Cycle to work scheme where employees can save money on a new bike and spread the cost.
 - And much more!
- Opportunities for continuous learning and career development.
- A supportive and inclusive work environment where your contributions are valued.

Application Process:

Interested candidates are invited to apply by completing the online application form which can be found here :

<https://murrays.livevacancies.co.uk/#/job/details/48>

If you require our application form in another format, please contact HR@murrays.scot

The following is the timescale for the process :

Closing date for applications:	Monday 6 th July at 9am
Shortlisting:	Wednesday 8 th July, 2026
Date of interviews:	Wednesday 22 nd and Thursday 23 rd July, 2026
Start date:	ASAP

Equal Opportunity Employer:

Murray's Initiative is an Equal Opportunities Organisation. We are committed to treating all workers and job applicants fairly and equally, regardless of their sex, pregnancy and



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maternity, sexual orientation, religion or belief, marital / civil partnership status, age, race, disability or gender identity and expression or any other personal characteristic.

