

# 0.4 FTE Early Intervention Counsellor (Web-based)

Choose/type an item or delete row.	Disability and Wellbeing Service ( <a href="http://www.strath.ac.uk/disabilityservice/">www.strath.ac.uk/disabilityservice/</a> )		
Choose/type an item or delete row.	Student Experience And Enhancement Services ( <a href="http://www.strath.ac.uk/sees/">www.strath.ac.uk/sees/</a> )		
Staff Category	Administrative and Professional	Reference No	Click here to enter text.
Reports To	Early Intervention Team Leader	Grade:	7
Salary Range:	£32817 - £40322 pro-rata	Contract Type:	Open Contract
FTE:	0.4 (14 hours/week)	Closing Date	Sunday, 19 January 2020

## Job Advert

### Early intervention Counsellor (Web-based)

As part of the Disability and Wellbeing Team, and reporting to the Early Intervention Team Leader, you will be an early intervention counsellor working two days per week, providing same day individual web-based support to students presenting with a wide range of risk, distress and personal difficulties. You will be an experienced practitioner in supporting others who are presenting with suicidal ideation and plans. You will be able to offer a web-based early assessment/intervention with those students off campus at risk, and be confident if appropriate, in passing students at risk on to more appropriate services. You will also provide single sessions and reviews, and have experience of single session therapeutic model. You will be an accredited counsellor receiving professional supervision and work within the ethical framework of a relevant professional body and in accordance with University policy, strategy and regulations.

## Job Description

### Brief Outline of Job:

You will provide a same day web-based early intervention provision, which will include risk assessment interventions with students who are suicidal or at risk, ensuring that they are kept safe and referred onwards to the most appropriate intervention and support. You will also offer single session web-based assessments/interventions and review, with other students off campus contacting the Disability and Wellbeing Service.

### Main Activities/Responsibilities:

1.	To provide web-based early intervention to students experiencing suicidal thoughts and plans and also emotional and mental health issues.
2.	To risk assess students when they contact the Disability and Wellbeing service.
3.	To ensure that off campus students contacting with suicidal thoughts and plans are kept safe and risk assess as to the most appropriate intervention.
4.	To deliver effective follow up work (e.g., proactive case management, liaison with GP services, referrals to other teams within the university or externally as required).

5.	To conduct Wellbeing assessments within the Disability and Wellbeing Service.
6.	In liaison with the Early Intervention Team Leader, to respond effectively and speedily to students experiencing a mental health crisis, including evaluation of the level of psychological distress and risk (e.g. risk of suicide), drawing in appropriate interventions from other agencies as required.
7.	To work and liaise with other staff within the Disability and Wellbeing Team to ensure the delivery of an integrated support service.
8.	To offer assessment and single session interventions and reviews, in order to signpost students to the most appropriate interventions and support without coming through the Wellbeing assessment route.
9.	To create an effective platform that can be used by off campus students wishing to access the services of the Disability and Wellbeing team.
10.	To develop and monitor use of our on-line CBT programme Silver Cloud.
11.	To train and support other staff members in being able to offer a web-based counselling intervention, in order that the provision can be rolled out to cover every day of the week.
12.	To maintain accurate records of sessions and complete notes on a database in accordance with professional and ethical standards.
13.	Together with colleagues within the Disability and Wellbeing Team, develop workshops and activities to encourage positive mental wellbeing.
14.	To design and deliver University-wide staff development sessions on matters pertaining to student mental health.
15.	To keep abreast of all relevant legislative and statutory regulations, key drivers and future challenges and work within the required legislative context.
16.	To participate in professional supervision requirements/ relevant CPD/ professional practice to ensure professional registration is maintained.
17.	To maintain professional accreditation with an appropriate professional body e.g. BABCP, BACP, BPS or COSCA
18.	To take part in and support the development of quality assurance and enhancement activities within the Disability and Wellbeing department.
19.	To complete any other duties as advised by the Early Intervention Team Leader and appropriate to grading.

## Person Specification

<b>Educational and/or Professional Qualifications</b> (E=Essential, i.e. a candidate must meet all essential criteria to be considered for selection, D=Desirable)		<b>Essential/ Desirable</b>	<b>Assessment Method</b>
Educated to Degree level or equivalent.		Essential	Application/CV
A recognised formal counselling qualification (Diploma/Higher Degree) in a solution-focussed approach.		Essential	Application/CV
Accreditation by a recognised professional body e.g. BABCP, BACP, BPS or COSCA		Essential	App/CV/ Interview
Undertaking external professional supervision, as appropriate to their accreditation requirements.		Essential	Application/CV
<b>Experience</b>			
Experience of providing 1:1 counselling within area of expertise to a student client group experiencing a wide range of mental health and emotional issues, ideally within a multi-disciplinary team. Experience of delivering single session therapy.		Essential	App/CV/ Interview
Experience of working with persons at risk of Suicide. Evidence of having completed ASIST, STORM or CAMS training.		Essential	App/CV/ Interview
Experience of offering web-based therapy to a wide client group, and in particular assessment.		Essential	App/CV/ Interview
<b>Job Related Skills and Achievements</b>			
Excellent therapeutic skills.		Essential	Reference
Knowledge of clinical counselling models and interventions within area of expertise.		Essential	App/CV/ Interview

Ability to make a sound clinical assessment of each client and tailor and deliver therapeutic interventions accordingly.	Essential	App/CV/ Interview
Good understanding of the assessment of suicide risk and mental health needs.	Essential	App/CV/ Interview
Ability to deal with situations empathetically, non-judgementally and on own initiative to ensure students' needs are effectively met.	Essential	Interview
Understanding of the support needs of students in higher education and of the expectations of their programmes of study. Ability to work within a six-session model, using CAMS for suicide interventions and a single session model for all other presentations.	Essential	App/CV/ Interview
<b>Personal Attributes</b>		
Resilient with an ability to work under pressure and remain calm in difficult situations.	Essential	App/CV/ Interview
Excellent interpersonal and communication skills with the ability to work independently and as part of a team.	Essential	App/CV/ Interview
<b>0.4 FTE Pattern of Working Monday (9am to 5pm) and Tuesday (12 noon to 8pm)</b>		

## Application Procedure

Select Application Procedure (HR use only)

## Other Information

Further information on the application process and working at Strathclyde can be found on our website (<http://www.strath.ac.uk/hr/workforus>).

Informal enquiries about the post can be directed to Ann Duncan , Disability and Wellbeing Service Manager (0141-548-3402).

### Rewards and Benefits

Our staff have access to a wide range of outstanding benefits that include financial rewards, family friendly and wellbeing benefits and career development opportunities, details of which can be found [here](#).

### Conditions of Employment

Conditions of employment relating to the Administrative and Professional staff category can be found at: [Conditions of Employment](#).

### PVG Check

This position involves regulated work, making it a legislative requirement that the successful candidate becomes a member of the Protection of Vulnerable Groups Scheme. If appointed, employment with the University will not be confirmed, until membership of the Scheme has been received. The successful applicant will be precluded from working with protected groups until that time.

### Probation

Where applicable, the successful applicant will be required to serve a 12 month probationary period.

### Pension

The successful applicant will be eligible to join the Universities' Superannuation Scheme. Further information regarding this scheme is available from [Payroll and Pensions](#).

### Relocation

Where applicable, the University offers a relocation package to support new employees who meet the eligibility criteria. The relocation package is offered as a contribution towards costs incurred, and is designed to be flexible, allowing staff to use the financial support available in the way that will be most helpful to them. Further details are outlined in the Relocation Policy.

### Interviews

Formal interviews for this post will be held on WC Monday, 27 January 2020.

### Equality and Diversity

We value diversity and welcome applications from all sections of the community.

The University currently holds a Bronze Athena SWAN award, recognising our commitment to advancing women's careers in science, technology, engineering, maths and medicine (STEMM) employment in academia.

### University Values

The University's Values capture what we're all about: who we are, what we believe in and what we stand for. [Our Values](#) have been derived from how we act and how we expect to be treated as part of Strathclyde.

