

## **Self-employed / Sessional Young People's Counsellor - 2 Posts**

Mindspace Limited - Perthshire, Perth and Kinross

**Job Title: Self-employed / Sessional Young People's Counsellor**

**Pay:** £25 per hour

**Hours:** Up to 5 hours

**Accountable to:** Senior Counsellor – Mindspace

**Based: 1. Crieff or 2. Auchterarder**

### **The Organisation:**

Mindspace is a community-based voluntary organisation committed to supporting and promoting the mental wellbeing of people in the Perth area. Mindspace is funded by NHS Tayside, Perth & Kinross Council, the Scottish Executive and donations. Mindspace's objective is to promote mental wellbeing in a safe and supportive environment. Services are provided through Counselling, Recovery College and Peer Support.

### **Purpose of Role:**

To provide counselling for young people aged 11+, ensuring appropriate standards of delivery and client confidentiality.

### **Responsibilities:**

- To provide up to 5 counselling appointments at a time agreed with the Senior Counsellor
- Work within Mindspace's policies and procedures
- Liaise with the Senior Counsellor as required to ensure high standard of service delivery
- Engage in regular external counselling supervision at a level consistent with COSCA's requirements
- Maintain confidentiality and child protection appropriate to setting
- Follow good practice and ethical guidelines as required by COSCA
- Maintain required records of clients and hours worked, and provide appropriate statistical returns as required
- Liaise with admin staff over new clients, and other relevant issues

### **Person Specification:**

#### ***Essential***

#### **Qualification**

- A counselling diploma at post graduate level
- Accredited or eligible for accreditation with a professional counselling or psychotherapy organisation
- Specialist training in counselling young people

#### **Experience**

- Minimum of 450 hours of supervised practice gained over no less than two years
- Competency in working within a recognised theoretical framework

- Have worked with young people
- Knowledge and understanding of Child Protection issues – ensuring knowledge is current and up-to-date
- Ability to maintain confidentiality appropriate to the setting
- Ability to work effectively within a team and with colleagues from other disciplines
- Ability and experience of using counselling supervision
- Understanding of the particular issues related to counselling vulnerable, disadvantaged young people
- Use of counselling assessment systems
- Knowledge and use of counselling monitoring and evaluation systems
- Experience of developing services and liaison with partner organisations

### **Personal Qualities**

- Excellent communication skills both orally and in writing
- Motivated, enthusiastic and self aware
- Ability to work independently while mindful of accountability
- Ability to travel to counselling rooms in rural locations

### ***Desirable***

#### **Qualification**

- Advanced training in creative therapies

#### **Experience**

- Experience of working in the voluntary sector
- Experience of working in schools or GP practices
- Knowledge of services for young people in Perth and Kinross
- Experience of promoting equal opportunities and cultural diversity

Please apply by sending a cover letter and CV, stating which post you are applying for to Naomi@mindspacepk.com.